

north coast

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the journal

PEOPLE AND ART

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Sewing a Shroud

One doctor's effort
to expand end-of-life care
on the North Coast
and beyond

By Grant Scott-Goforth

**Election Results on
Page 12**

5 Shell game 6 It takes a village 10 How much is that doggie ranch? 13 Narc couture 20 Parlez vous fried? 23 Rocky family terrain 44 Believe the type

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table of CONTENTS

- 4 Mailbox**
- 4 Poem**
REGRET
- 5 News**
FIT TO SERVE?
- 6 Views**
OPPORTUNITY VILLAGE
- 10 Blog Jammin'**
- 13 Week in Weed**
HIGH TAXES
- 15 On The Cover**
SEWING A SHROUD
- 19 Fortuna Arts Night**
FIRST FRIDAY
- 19 Home & Garden**
SERVICE DIRECTORY
- 20 Table Talk**
HUM PLATE ROUNDUP

- 24 Music & More!**
LIVE ENTERTAINMENT
- 28 The Setlist**
CONUNDRUMS
- 31 Calendar**
- 34 Filmland**
CREEP
- 36 Workshops**
- 40 Sudoku**
- 40 Crossword**
- 41 Marketplace**
- 44 Body, Mind & Spirit**
- 45 Automotive**
- 46 Real Estate This Week**

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MAILBOX

Bike On, Responsibly

Editor:

As a frequent pedestrian and occasional cyclist, I feel qualified to address the issue of bikes on sidewalks ("Mailbox," Oct. 30). I understand why a cyclist would prefer riding on the sidewalk, as the street is scary and bike lanes provide an illusion of protection at best. But bike riders do not seem to appreciate how frightening it is to be strolling along and have a cyclist suddenly whiz past. Anyone who discounts the danger should read about the pedestrian in San Francisco who was killed by a bicyclist. Cyclists who think they are mitigating the danger by yelling a warning such as "On your left!" are deluding themselves. Even when I can hear the scream over the traffic noise, by the time I realize this sound from behind might be directed

Comment of the Week

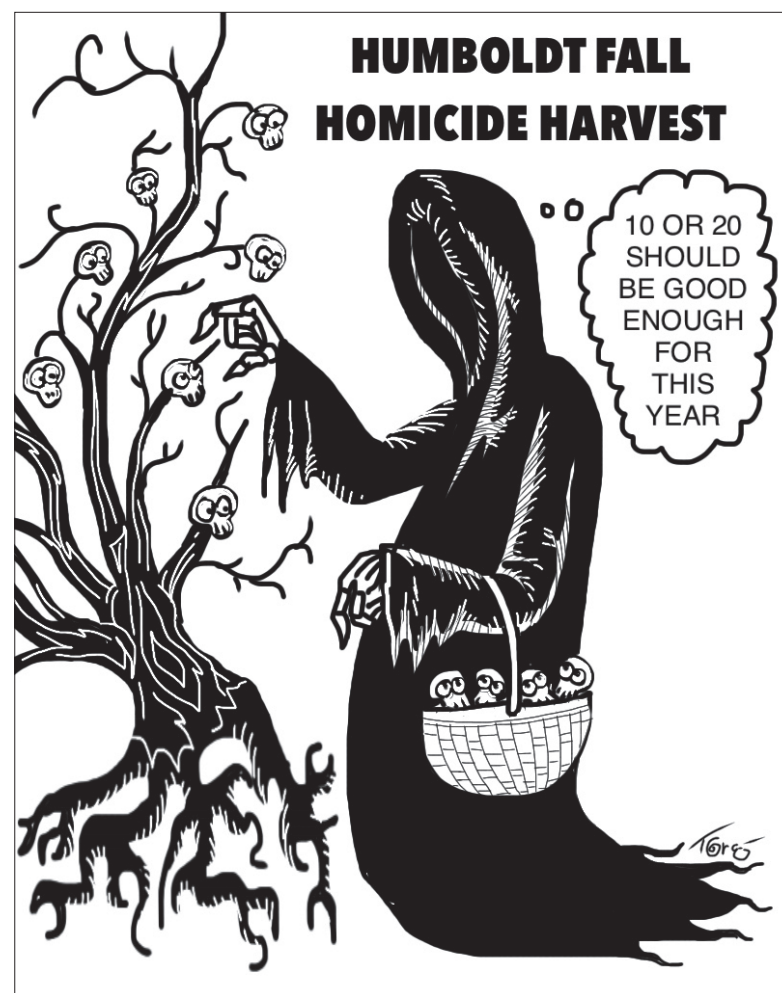
"I would not accept that mildew, tsunami zone swampland responsibility for free. If I somehow inherited that property, the first thing I would do is trade it to Friends of the Dunes for a six pack of Tecate and a taco plate."

— "Mutt," commenting on the Samoa Dog Ranch's for sale listing.

at me, guess that it could be somebody on a bike, and figure out that they expect me to move to the right, it is too late.

My solution? Don't outlaw bikes on sidewalks but outlaw riding a bike past any pedestrian. Let cyclists use empty sidewalks but require them to do the courteous and safe thing — take it into the street or dismount and walk past any pedestrian. Sidewalks are for walking.

Lynne Page, Eureka



CARTOON BY TERRY TORGERSON

Clarification

A story in the Blog Jammin' section of the Oct. 30, 2014 edition of the *Journal* headlined "Fundraise the Roof" reported on problems with the roof of the Humboldt County Historical Society's Eureka home. The roof is not actively leaking but is in need of replacement. The *Journal* regrets any confusion caused by the story.

Correction

In last week's cover story, "Albert and the Baskets," Geneva Orcutt Risling was misidentified. She was Vivien Hailstone's mother, not grandmother.

Regret

In the morning rush at the coffee shop,
I flew in behind a woman with a Shakespeare tattoo:
his famous face engraved on her right bicep. Only, this version
was lined with Maori tattoos, so the upstart crew looked fiercer
than usual. It was a beautiful cross pollination of memes,
and for the briefest of moments, it made me desire
to turn myself into a work of walking art, but even as I
hungered,
I was swept back thirty years before,
weathering basic at Ft. Leonard Wood in winter.
On the night my platoon finished the training cycle,
I planned my tattoo: I knew
what I wanted: two dragons locked
in a deadly embrace — or some such myth
inscribed into my flesh. Instead
my drill sergeant put me in charge,
ordered me stay put, wait for the drunks, so they not drown in
their own vomit;
wait for the walking tattoos, so I could write them up.
It was a night in the innermost circle of hell.
As each sorry soldier dragged himself home,
I and the few unlucky would haul the staggering sot
upstairs for an icy shower and a tattoo inspection. All night:
puke, cursing, bad tattoos:
daggers and pistols and bleeding hearts wrapped in barbed wire.
In the end, nothing worth looking at. By morning
I was cured of any desire. Back in the coffee shop,
the woman with Will on her shoulder turns: we lock eyes,
and I see that she sees me watching her
from my safe port while she seems to wave back, without regret
for all that the adventure offers as she spirits away
into a freshening wind.

— David Holper

Fit to serve?

Poaching conviction raises questions about harbor commissioner

By Thadeus Greenson

thad@northcoastjournal.com

The Humboldt Bay Harbor, Recreation and Conservation District has a poacher on its board of commissioners.

Commissioner Aaron Newman, on the eve of trial, recently entered into a plea agreement with prosecutors in which he admitted to misdemeanor charges of illegally obtaining hunting tags, lying to a state agency and misusing abalone tags. (Additional charges, including a pair for felony perjury, were dismissed under the deal.) Newman's plea agreement saw him sentenced to three year's probation, ordered to serve 250 hours of community service and fined about \$3,000. The deal puts an end to Newman's criminal case but raises questions in some circles about his ability to serve on a board charged in part with protecting the county's natural resources.

"If you're not respecting the conservation laws and environmental laws of the state of California, then I don't know how you can serve as an elected official that is in charge of conservation," said Natalynne DeLapp, the executive director for the Environmental Protection Information Center.

Elected to serve a four-year term on the board in 2011 to represent Division 1 — a swath of land ranging from Southern Eureka to the Ferndale area — Newman is a prominent local commercial fisherman. He sits as the president of the Humboldt Fishermen's Marketing Association and a member of the California Salmon Council, and served as a California advisor to the Pacific States Marine Fisheries Commission. Raised in Eureka, Newman is deeply rooted in the local fishing community. And his has been an important voice on the harbor commission board, according to fellow commissioners.

As news of Newman's plea was met with outrage in some circles, it appears to

have been met with a shrug in others. Lila Johnson, the bookkeeper for the Humboldt Fishermen's Marketing Association, said she doesn't see Newman's convictions affecting his role as president in any way, saying, "We all think highly of him." Newman's fellow commissioners also voiced support for their colleague.

"I don't think it has a significant impact on his role as commissioner," said Commissioner Greg Dale. "I'm glad it's behind him and he can move on."

Commissioner Richard Marks agreed, lauding Newman's performance as a commissioner and the wealth of knowledge and experience he brings to the table. Fellow Commissioner Mike Wilson said Newman's future on the board is up to him, but quickly praised Newman as being a polite, respectful man who does his homework, puts in a tremendous amount of time and is invested in the community. And, Dale added, Newman is smart, often skillfully working to build consensus on the board and in the community to move issues forward.

But many in the environmental community find all that difficult to reconcile with the picture that arose during Newman's criminal case of a man who engaged in a pattern of behavior to repeatedly circumvent legal harvesting restrictions designed to protect California's natural resources.

Abalone fishing is tightly regulated in California. To legally harvest the mollusks, one is required to first acquire a permit, known as an abalone report card, which comes with 24 tags. When an abalone is harvested, state law requires that it must be immediately marked with one of the tags, limiting a person to no more than two dozen of them in a single season.

According to court records in New-

continued on next page ►

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Michael Fratkin. Photo by Tobin Photography

News

continued from previous page

man's case, he filed a sworn affidavit with Fish and Wildlife back in 2009 claiming he lost his report card after harvesting only three abalone. But when wardens searched his home, they found evidence that he'd harvested 21 before applying for the replacement card. Perhaps more troubling, the documents show Newman filed 11 affidavits with the state between 2003 and 2012 claiming to have lost his abalone report cards during the season, while no one else in the state sought replacement report cards more than twice over the same time period.

During the search, wardens also found evidence that Newman submitted documents to the state on Sept. 10, 2012 claiming to have lost his B-Zone deer tag before using it and requesting a replacement, when in fact he'd used the tag on a 4-point buck just eight days earlier.

Former Deputy District Attorney Christa McKimmy, who helped prosecute Newman's case, called his pattern of behavior "systematic."

Neither Newman nor his attorney, Many Daskal, returned calls seeking comment for this story.

When looking at the case, DeLapp said it's important to remember that state agencies carefully calculate and plan the number of abalone, deer and other game species that can be harvested in a given year while still sustaining future populations. It's a delicate balance, she said, and one that counts on people to play by the rules, which Newman did not. "I don't think he should be back on the board," DeLapp said. "The district should consider asking him to resign."

Judging by the reaction of commissioners interviewed for this story, that seems unlikely to happen. More likely, the question of whether Newman's conduct should render him unfit for office is one voters will be left to decide next year.

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Views



JIM HIGHT THINKS A MICRO HOUSING VILLAGE COULD WORK IN EUREKA. PHOTO COURTESY OF OPPORTUNITY VILLAGE EUGENE.

It's time for an Opportunity Village

By Jim Hight

Before dawn one foggy, raw morning almost two years ago, I walked down a narrow lane off Second Street to the Eureka Rescue Mission's outdoor area.

I started asking some of the homeless people sitting and lying on benches to take a survey for the Point in Time Count. No one was particularly eager to respond, but I had socks and personal care items to give out, so several agreed to answer the questions. What struck me most was their ages, and how long they'd been on the streets. Date of birth? 1962, 1964, 1963. How long homeless? Eight years. Fourteen years. Six years.

My heart went out to one man in his late 40s. He appreciated my efforts and was grateful for the freebies. He'd been homeless eight years, had no family and lived on \$950 a month Supplemental Security Income, which he received because of a mental illness.

He asked me if I knew where he could rent a studio apartment or a private room for \$450 a month. "I can't handle a roommate," he said.

I didn't know, but if I were asked that question today, I might mention the legal campground or micro-housing village that I and others hope will be created for homeless people in Eureka.

Discussed for many years, the idea has never gone anywhere. It has a chance now because the 2013-2014 Humboldt County Grand Jury recommended this approach as a solution for homeless veterans. A new grassroots group is backing the idea — although they want the program open to non-veterans — and two influential Eureka leaders told me they support it, at least in concept.

What makes us think it's possible is the fact that it's working in other places, notably Portland and Eugene, Oregon.

I visited Portland's Dignity Village in 2004 and walked away impressed. Not

continued on page 8 ►

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VIEWS

continued from page 6

only does it provide safe and sober shelter — ranging from tents and sheds to code-compliant tiny houses — for 60 formerly homeless people, the resident-managed community shows what marginalized people can accomplish if given the chance.

Opportunity Village Eugene, with 35 residents, is similar, although leadership is shared between a resident council and a non-resident board of directors.

Andrew Heben, a co-founder of the Eugene project and author of a book about these types of communities nationwide, will speak Saturday, Nov. 15, at 10:30 a.m. at the Eureka Women's Club.

Heben told me by phone that Opportunity Village Eugene is thriving. "We haven't had a single complaint from neighbors," he said, and recently the village received a two-year lease extension from the Eugene City Council.

Given the frustration and anger at the homeless in Eureka — and the common perception that providing more services enables their lifestyles and draws more of them to town — any proposal for an Opportunity Village Eureka will meet opposition. They always have.

As required by law, the board of supervisors will discuss the grand jury's recommendations at some point. There, it will have at least one potential supporter. Supervisor Virginia Bass has been interested in the idea since she was on the Eureka City Council but told me she has many questions about how such a facility would run and who would run it. "It seems like a good idea but when it comes down to the on-the-ground execution and how's it going to work, there are concerns," she said.

I agree: This will not be easy. And I respect the concerns of city leaders who have argued, or will argue, against the idea. City Councilwoman Melinda Ciarabellini has declared her opposition, even after taking a tour of Opportunity Village Eugene earlier this year.

"It was clean [and] the residents appeared to be sober and drug free," Ciarabellini said. "To me it appeared to be a solution for a small population of the homeless."

But Ciarabellini agrees with Focus Strategies, the city's Sacramento-based consulting firm that advises against creating a legal campground or similar facility. They say this would be "managing the impacts of homelessness" rather than tackling the real problem, which is lack of affordable housing.

Ciarabellini and the consultants prefer a "rapid re-housing" method.

"With rapid re-housing, [agencies] try

to house people within 30 days, maybe subsidizing their rent for a while," said Ciarabellini. "That's the strategy I support. I do not support legalized campgrounds."

Some of us think an Opportunity Village could co-exist with, and even support, rapid re-housing. Nezzie Wade with Affordable Homeless Housing Alternatives (AHHA) said, "Getting safe, warm and dry allows people to regroup so they can take other steps forward."

The grand jury concluded that something like an Opportunity Village would make it easier for some homeless veterans to get help — those whose PTSD, mental illness, lack of transportation "or other personal problems keep [them] from being admitted to or getting to [existing veterans' programs]." It could also ease the burden on first responders who deal with crimes and medical emergencies among the homeless.

Eureka Police Chief Andy Mills sees potential benefits along these lines, and said he would like to see three types of facilities: "[One] with bed space for some of these folks; then another place for some people to camp until they can get into rapid re-housing. Third would be a place for some people to park their cars temporarily. If we can do that all in one location, that would be ideal."

Mills listed three criteria that such a project should meet: "One, it must not greatly impact the surrounding community. Two, there'll have to be some level of control over the facility. ... And three, there must be the understanding that this is not permanent housing, this is transitional housing until we can rapidly re-house people."

The transitional angle is important — and a major challenge. The fact is that many homeless people who move into a transitional facility end up staying, or wanting to stay, a very long time.

A year ago, when the *Oregonian* published a feature on Dignity Village, more than half of the residents had stayed at least two years; a third at least five years.

Heben told me that after "deep discussions," the board of Opportunity Village Eugene has "come to realize that while some people will use this place as a transition, others might not necessarily be at a point in life where they're physically or mentally capable of maintaining a full-time job. That is what it takes to get housing unless you're lucky enough to get a Section Eight voucher or other assistance."

Locally, no organization with the capacity to create an Opportunity Village

has proposed it, and I'm not aware of any that are considering it.

In Portland, homeless residents created a nonprofit group to manage Dignity Village. In Eugene, it was a joint effort of the housed and houseless.

The lack of a local sponsor has killed this notion every time it has been proposed in meetings about homelessness. Some people get excited about it, but no individual or organization steps forward to take it on, according to people who've attended those meetings.

By the time I finished that volunteer shift a couple years ago, I had interviewed nine or 10 people. In total, the 2013 Point in Time Count surveyed 1,054 homeless people. Counting family members, the official total was 1,579, about two-thirds of whom were in or near Eureka.

Most of them were spending their nights indoors — at a shelter, motel, friend's house or other abode. But 458 people were camping or sleeping in a vehicle.

There were — and are — more than that, including some who couldn't be found and others who refused to participate. (I was turned down by about a half-dozen people.)

So I'm guessing that there were actually 600 or 700 people sleeping outdoors in the county at that time, which would translate into 400 to 500 in the Eureka area. People I talked to for this piece estimated that there are now 300 to 500 people living outdoors in or near Eureka today.

Some choose that lifestyle, preferring to spend their SSI or general relief checks on drugs and alcohol rather than rent.

But many, like the 40-year-old man I talked to, simply can't find housing.

These include families with children, single people with disabilities and mental illnesses, victims of domestic violence, foster kids who aged out of the social service system — all sleeping illegally in parked cars or trying to stay dry in dank gulches and marshy woodlands.

Surely a community with a heart as big as Humboldt's can draw on the lessons learned in Portland, Eugene and elsewhere to create a place where a few dozen of these folks — those willing to abide by rules and participate in a resident-managed community — can find a home.

Jim Hight is a freelance writer who lives in Eureka. Email him at jh101@suddenlink.net ●

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BLOG JAMMIN'

COMMUNITY

Former DA Candidate Moves On

Former Humboldt County District Attorney candidate Elan Firpo took her first steps in a new career Nov. 3, stepping in as a partner in a prominent local firm now known as Zwerdling, Bragg, Mainzer and Firpo.

"It's a new challenge and I'm really looking forward to a new chapter," said Firpo, who has worked as a deputy district attorney in Humboldt County for about five years.

With sitting District Attorney Paul Gallegos not seeking re-election, Firpo ran for the post in June, but finished a distant second to District Attorney-elect Maggie Fleming, who took 61 percent of the vote to Firpo's 25 percent. Fleming is slated to take office in January. Firpo — who on the campaign trail described being a prosecutor as a "calling" and a "dream job" — declined to detail the reasons for her departure other than to say she was presented with a great opportunity and felt it was time for a change.

This leaves Fleming to take over an office with a short list of attorneys experienced in prosecuting serious and violent felonies. In a message to the *Journal*, Fleming said she is "fortunate" that former Assistant District Attorney Wes Keat and former Deputy District Attorney Andrew Isaac have agreed to return to the office in January to help her temporarily while she recruits new attorneys.

Firpo's departure comes just weeks after her successful double murder prosecution of Bodhi Tree, who is now serving 108 years to life in state prison. Tree's conviction wound up being Firpo's prosecutorial swan song. She was also slated to handle the case of Gary Lee Bullock, a Garberville man accused of torturing and murdering popular St. Bernard Church Pastor Eric

Freed on Jan. 1. Firpo said the hardest part of her decision to leave the office came when she called Freed's family to tell them she'd be handing off the case.

— Thadeus Greenson

HEALTH

Ebola Prep

The Ebola virus has killed more than 4,900 people and infected more than 13,500, mostly in West Africa, in this latest outbreak, according to the World Health Organization. Just four people in the United States have come down with Ebola: one who died (he contracted it before coming to the U.S.), two who contracted it after treating him in a Dallas hospital (they have recovered), and a New York doctor, still in treatment but now stable, who had been working with patients in West Africa.

Chances of someone getting Ebola in Humboldt are slimmer than (insert Ebola joke here; the Kim Kardashian one's worn a bit thin.)

Nonetheless, our local health officials are ready, they say.

"Our hospitals have been closely monitoring the Ebola situation and working with our teams to care for any potential patients and help prevent the spread of the virus," said hospital spokesperson Leslie Broomall in a recent interview.

The hospital has posted Ebola awareness signs in the emergency department and other areas, provided training for staff on personal protective equipment, and has conferred with other health care providers and organizations, and with local city officials, she said.

The county public health department checks for daily health alerts from the United States Centers for Disease Control and Prevention (CDC), which contain up-to-date Ebola information, and disseminates them to local health providers. The department also looks out for the daily travelers list to see if a person coming from an Ebola affected region has named Humboldt County as his or her final destination. Some states, including California, now require a 21-day quarantine.

If a high-risk person slips through and then — against CDC advice to stay put and call the hospital — comes walking into the emergency room, or a doctor's office, with a fever or other symptoms (vomiting, diarrhea)?

"We have a plan in place between local hospitals and the Humboldt County Public Health lab in terms of what to do if they do get someone who presents with symptoms," said Humboldt County



THE SKIES PARTED FRIDAY AFTERNOON, AND TRICK-OR-TREATERS ON THE ARCATA PLAZA FOUND A PLEASANT SURPRISE: SUNSHINE. SHOSHANNA THE FAIRY POSES WITH FAMA (ELMO), WHILE MOTHER OYASEYE SNAPS A PHOTO. PHOTO BY ALEXANDER WOODARD

Public Health Nurse Eric Gordon.

First, the patient would be isolated. Hospital staff in full protective gear would interview the patient to glean names of anybody he or she was in contact with, and draw a blood sample for public health staff to send to a lab for testing. The public health department would call the state public health officials and the federal CDC to report the possibility of an Ebola case. If the diagnosis of Ebola came back, the patient would be whisked off to one of the hospitals in the country selected to care for Ebola patients (U.C. Davis has been designated in California). The county's communicable disease staff also would track down every person the patient might have been in contact with after exposure to the virus, and monitor them for 21 days. If any of them report a fever, they have to call a hospital.

Gordon said his department's epidemiologists also keeps track of chief complaints made at local emergency rooms to spot trends.

"Should there be a local [Ebola] case, we will continue to do surveillance ... and will be watching for any upticks in Ebola-like symptoms," he said.

— Heidi Walters

ECONOMY / COMMUNITY

Arkley's 'Dog Ranch' on the Market

Ever dream of owning a property that offers room to wander, with ocean front views? Have a cool \$2 million to spare? Well, if you answered in the affirmative to both those questions, then Rob Arkley has the property for you.

The Arkley-owned Sequoia Investments X recently put a more than 200-acre swath of property located on the Samoa Dunes on the market, boasting its promise of "seclusion for ranchers, hikers, surfers, beachcombers and fish-

ing enthusiasts, while only a few minutes from historic old town Eureka." The listing includes an "older home, outbuildings and ranch facility," as well as some sensitive dune habitats and an ecologically significant piece of coastal forest.

Arkley made some waves back in 2005 when he purchased the property — located just west of the Samoa Bridge — from Simpson Paper Co., dropping in at the 11th hour to outbid Friends of the Dunes, which had been working with the harbor district and the Coastal Conservancy to purchase and preserve the land. "They got in second place," Arkley told the *Journal* at the time. "And it'll never, ever, ever, ever be sold to them. I'm not going to give it to the government agencies. I believe there's far too much government land."

So the property — dubbed the "Dog Ranch" for its long-ago use as a home for lumber barons' hunting dogs — became Arkley's, one in a string of property purchases the prominent local businessman made around the time. Attempts to reach Arkley for this story were unsuccessful, but it appears he's ready to move on, as the property hit the real estate listings late last month.

Carol Vander Meer, executive director of Friends of the Dunes, said she was aware the property was once again hitting the open market. Some time back, Vander Meer said, she received a phone

call from Randy Gans, then vice president of real estate for Arkley-owned Security National, asking if Friends of the Dunes was interested in the property. (Gans is reportedly no longer with the company, but did not return a *Journal* call.)

Vander Meer said her organization is extremely interested in the "resource values" of the land, but isn't currently in a position to purchase it. "It's a very significant piece of coastal forest," Vander Meer said.

But the property has some issues, namely a network of homeless encampments, which were thrust into the public spotlight last year when a homeless man was shot dead with a crossbow. Vander Meer said she's hopeful whoever ultimately takes on the property is versed in the social and environmental challenges of working to clean up such encampments.

— Thadeus Greenson



THE SPIRITS OF THE DEAD WERE ALIVE AND CELEBRATING IN OLD TOWN ON NOV. 1, WITH THE 12TH ANNUAL DIA DE LOS MUERTOS CELEBRATION IN FULL SWING. THE EVENT FEATURED A PARADE AND DANCE PERFORMANCES IN CELEBRATION OF THE TRADITIONAL MEXICAN HOLIDAY THAT HONORS THOSE WHO HAVE "PASSED ON FROM THIS LIFE TO THE NEXT WORLD."

PHOTO BY MARK LARSON

BUSINESS / ECONOMY

Tour the Brew

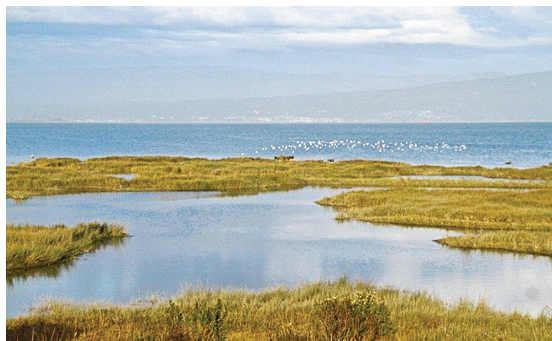
Congressman Jarad Huffman was in town Oct. 25 for a fundraiser and tours that included one of the brand new, up and running, \$27 million Lost Coast Brewery facility on the very south end of Eureka.

The huge new building will replace the brewery's current production line, and will allow the brewers — when fully functional — to produce four times the amount of beer.

Lost Coast Brewery owner Barbara Groom told the congressman and other visitors that there are still kinks being worked out in the brewing and bottling lines, but the brewery's flagship beers — sold widely in California, Florida, Korea and some European countries — are already being made there. Groom had hoped to reduce the number of employees necessary at the new brewery, she said, but ongoing hiccups made it necessary to hire more.

See photos at www.northcoastjournal.com.

— Grant Scott-Goforth



A RANCH WITH A VIEW.
PHOTO BY ZILLOW

CRIME

Homicide Victim ID'd

Partially skeletonized human remains discovered Oct. 14 in a Garberville transient camp next to U.S. Highway 101 have been identified as 30-year-old Robert James Flaherty of Sugarcreek, Ohio, according to Humboldt County Deputy Coroner Trevor J. Enright.

Flaherty's death, of gunshot wounds, is believed to be homicide, says a news release.

— Heidi Walters

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Beautiful turn of the century farmhouse on over 5 acres in Jacoby Creek. The property has a huge barn, several outbuildings, and two separate apartments. Many mature fruit trees provide an abundance of tasty treats. The property is fully fenced and ready for your livestock or horses. Also available are two adjacent parcels ready to build. Lot 2 is 3.5 acres. Lot 3 is 6.5 acres. Call Kris for more details.

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High Taxes

By Grant Scott-Goforth

grant@northcoastjournal.com

RS regulations are making it difficult for legal pot businesses in Colorado and Washington to make a profit, which some say is a way for the federal government to continue its war on drugs.

Tax code adopted in the early 1980s holds people accountable for income taxes whether the money they make is legal or not. But, despite marijuana legalization in Washington and Colorado (and potentially several other states following this week's elections), pot shop owners are not allowed to write off business deductions under the law. One Colorado business owner, who sold medical marijuana before recreational weed went legit, said he paid nearly \$20,000 to the IRS last year and didn't earn a profit.

"If (the federal government) can't put them out of business legally when voters are mandating these businesses to move forward, it's very easy to put them out of business financially," Denver accountant Jordan Cornelius told *USA Today*.

A researcher at the Massachusetts General Hospital-Harvard Center for Addiction Medicine is finding that marijuana use in young people could restructure the brain's pleasure center. Moderate use by adults poses little risk, according to a *New York Times* article, but "young people who smoke early and often are more likely to have learning and mental health problems."

Some fear existing studies are outdated. The average THC content of modern marijuana is much higher than that used in the older studies that provide the basis for current understanding of marijuana's effect on the developing brain. With increased potency comes potential differences in the way young users' brains develop and the probability of addiction.

Another study reinforces theories that early pot use reshapes the nucleus accumbens, which is at “the core of motivation, the core of pleasure and pain, and every decision that you make,” according to the *NYT*. “Similar changes

affected the amygdala, which is fundamental in processing emotions, memories and fear responses.”

A federal judge has ceased Lake County's warrantless medical marijuana raid program, saying the voter-approved ordinance that spurred the practice could harm patients.

In June, Lake County residents voted to “prohibit growing marijuana plants on vacant land or on privately owned outdoor parcels of 1 acre or less,” according to *SFGate*, and to “limit growth on larger parcels to six mature or 12 immature plants, and in indoor growing areas to 100 square feet.”

That led to at least seven property-damaging searches of private property without warrants, according to a lawsuit filed on behalf of medical growers who were subjects of the raids.

U.S. District Judge Thelton Henderson wrote that denying the injunction against the Lake County Sheriff's Office "would leave numerous medical marijuana patients in Lake County vulnerable to future warrantless seizures of their medicine, which could lead to significant pain and suffering."

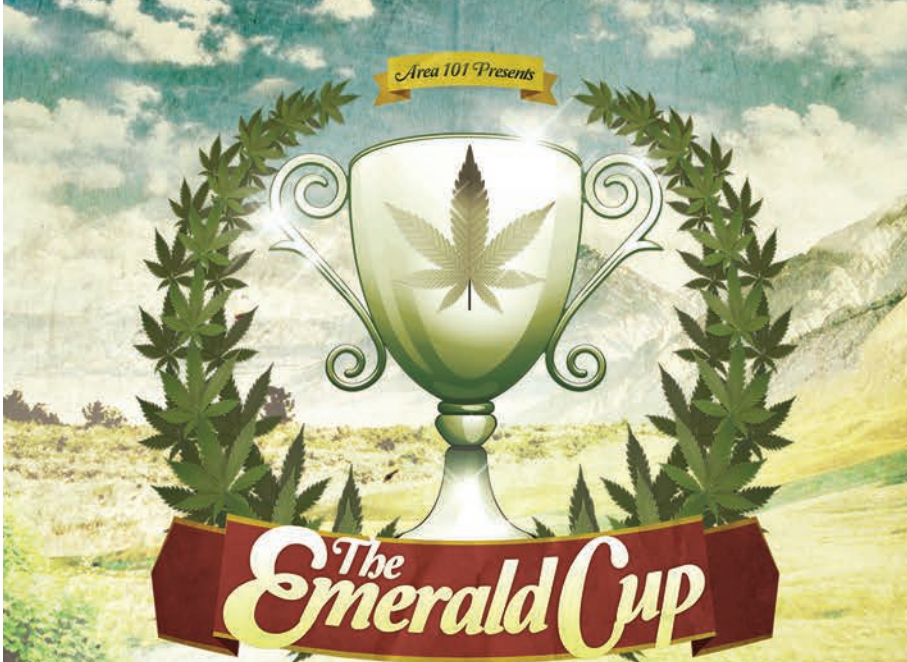
A San Diego TV news station reported last week that an undercover cop is under investigation for a T-shirt he wore during an Imperial Beach marijuana raid.

The shirt, worn by a narcotics officer during a raid of a grow that the owner claims is legal, read, "Fuck the growers ... Marijuana is still illegal."

"We got the runaround trying to find out who wore the T-shirt with the F word on it," explained one of the news team's investigative journalists, and the grow operator said the officer refused to pose with him for a picture.

The sheriff's department quickly came out against the shirt's vulgarity, but perhaps administrators should be more worried about their officers' undercover efficacy.

That shirt's a narc signal, dude. Inspector Clouseau, move over.



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Arcata Lube Zone technicians at work.



It's a family affair! Butch and Jamie with daughter Alyssa and furry associates Skye and Sam.



A busy day at Arcata Lube Zone.

Arcata Lube Zone

The Lube Zone in Arcata is a classic family-owned and operated business. Proprietors Butch and Jamie Butterfield, along with their daughter Alyssa (and with a little help from dogs Sam and Skye) are dedicated to providing distinctive, trustworthy small town service.

Started in the spring of 2011, Arcata Lube Zone is a full-service, ASE Certified Napa Auto Center conveniently located on the corner of 6th and K Streets in Arcata. They provide comprehensive auto care and repair – including oil changes, brakes, alignment, engine and transmission work. (In fact, they even service the Murphy's Market delivery vehicles.)

With three technicians on staff, the Lube Zone offers local customers unparalleled service. Customers have access to free brake inspections and battery starter system checks. There's also free coffee! Free loaner cars are available for customers to use, or they will give you a ride to where you need to go while your car is being worked on.

Butch and Jamie are committed to family and community. Butch grew up in Arcata, and graduated from Arcata High School in 1985. For him, contributing to the community is a priority. The Lube Zone consistently provides support for local churches and athletic programs, from youth football teams to cheerleading squads "We

pretty much donate to anyone who walks through the door asking!" says Butch.

"Reputation is everything," Butch insists. He knows in a small town word of mouth can make or break a business. Butch, Jamie and all of the employees at Lube Zone wholeheartedly strive to provide the best service possible for their patrons. Business is good, and the Butterfields aim to continue to build their loyal customer base well into the future.

Learn more about the Lube Zone on their website www.arcatalubezone.com or like them on Facebook! ●

By Amy Barnes
for Murphy's Markets

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Sewing a Shroud

One doctor's effort to expand end-of-life care on the North Coast and beyond

By Grant Scott-Goforth

On a recent bright but cloudy afternoon, Pamela Lyall sat upright in her bed overlooking a small pond and garden as cats meandered in and out of the room. She wore abalone earrings, and her mother's pearl necklace draped across her thin shoulders.

She smiled, occasionally, with piercing green eyes, but said she was feeling resistance. "I'm running out of the will and energy of what I have to do with the physical body on this plane," she said.

Lyall had been battling cancer for six years. It was discovered in her ovaries in

2008. She had been documenting the process — chemotherapy after chemotherapy, and surgeries too — on her blog. She had a large group of friends and family caring for her, but things continued to get worse. "The decision kind of made itself after my last treatment in May," she said. "The last treatment was awful — really, really hard on me."

So she stopped. She took a trip in June to visit cousins, nephews and nieces. When her body went into crisis again in August, she met Michael Fratkin, a palliative care doctor at St. Joseph Hospital. For the last couple months, Fratkin, with

nurses and Hospice of Humboldt, tended to Lyall, seeking to make her as comfortable as possible as she approached the end of her life. Her stomach wasn't processing fluids when she met with Fratkin that afternoon in October, but she was upbeat, discussing her energy, her community and the jewelry she wanted to share with friends.

Three days later, on Oct. 25, Pamela Lyall died in her bed. She was 71.

Lyall was just one of a large generation of Americans beginning to face decisions about how they want to

end their lives. It's a generation of people that have had to make decisions with and for their own aging and dying parents — a process that some say has driven many to reconsider what's become the medical standard over the last 100 years: prolonging life at any cost in a sterile and often uncomfortable environment.

Michael Fratkin wants to change that. As a hospice and palliative medicine specialist for St. Joseph Hospital, Fratkin has focused on bringing comfort to people at the advanced stages of terminal illness — at home, when it's possible. It's a calling

continued on next page ►



PAMELA LYALL, A LOCAL ACTRESS AND LONGTIME LIBRARIAN AT HUMBOLDT STATE UNIVERSITY, DECIDED TO STOP CANCER TREATMENT IN MAY.
PHOTO BY GRANT SCOTT-GOFORTH

ON THE COVER

continued from previous page

he's passionate about and recent events sparked him to form a grand new vision: a multi-faceted palliative treatment center called Resolution Care. With it, Fratkin hopes to expand direct attention for those dying on the North Coast, as well as tap into technologies that will spread information about his specialization around the state — and perhaps beyond.

It's an ambitious vision, a large and expensive undertaking, but with a community need, the backbone of technology and the drive of dedicated community members, it just might work.

Michael Fratkin's energy is infectious. He speaks rapidly but softly about the urgency of end-of-life care, and about the juggling act of planning an expansion of his services while still finding the time to visit with patients and provide the calming, frank care and discussions they deserve.

The 52-year-old, with his curly brown hair and close-cropped beard, studied at the University of Utah in Salt Lake City, performed his residency at the University of Virginia at Charlottesville and attended the Oregon Health Sciences University in Portland, Oregon, before coming to St. Joseph Hospital in Eureka in 1997.

Palliative care is defined as a treatment that relieves or lessens without curing: It's an alleviation of pain, of negative symptoms, without necessarily attacking the cause of those symptoms. With more and more people reaching the age where serious disease begins to affect their lives, Fratkin says, there aren't enough palliative care services on the North Coast.

"There won't be for many decades and there's a huge rising demand for this work," Fratkin says. "Because palliative medicine has proved itself over the last 15 or 20 years and the demographics of our populations are changing."

Whether it's lung disease, cancer or kidney disease, "people who have good understanding of their disease need palliative care in parallel to disease-directed treatment," Fratkin says.

It's not a localized problem. In a recent 500-page report titled "Dying in America,"



MICHAEL FRATKIN
PHOTO BY TOBIN PHOTOGRAPHY

The Institute of Medicine wrote that improved end-of-life care is "within reach."

"The education of health professionals who provide care to people nearing the end of life has improved

substantially in the past two decades, although serious problems remain. Knowledge gains have not necessarily been matched by the transfer of knowledge to most clinicians caring for people with advanced serious illness who are nearing the end of life. In addition, the number of hospice and palliative care specialists is small, which means the need for palliative care also must be met through primary care and through

the other clinical specialties that entail care for significant numbers of people nearing the end of life."

Fratkin says the dialogue about end of life care is changing — more and more people want to have open, honest discussions about dying. "Baby boomers are more numerous and more likely to expect to be empowered — to want guidance but not guidelines," Fratkin says.

And, he adds, palliative care is making patients' lives better, and in some cases,

holly yashi

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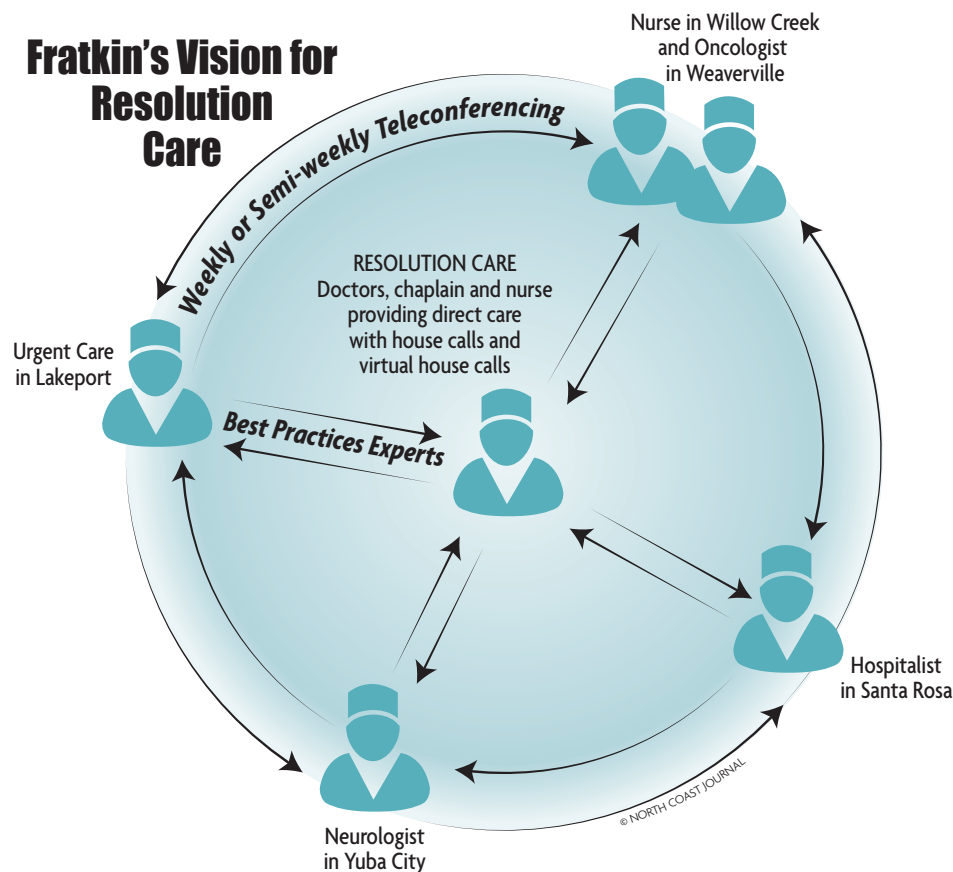
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Fratkin's Vision for Resolution Care



longer. "If people are less anxious, less desperate and in better control of their lives and symptoms, it shouldn't surprise anybody that they go a little further down the road," Fratkin says.

So what can be done about this lack of palliative care in a society where the demand is poised to grow rapidly in the next 20 years?

Fratkin thinks he's found, if not a remedy, a treatment, and it goes back 11 years to Albuquerque, New Mexico.

Project ECHO is a simple concept — so simple, in fact, that its founder, Sanjeev Arora, was certain that it was already being done when he came up with the idea in 2003.

Arora, a liver doctor specializing in Hepatitis C treatment, was frustrated by the disease, which is difficult to detect and, according to the *New York Times*, the leading cause of cirrhosis and liver cancer in the U.S.

With few specialists treating the disease in New Mexico, diagnosed patients often had to travel long hours to get treatment at great burden and expense. The vast majority — more than 95 percent, according to a NYT profile of Arora — of chronic hepatitis patients in New Mexico were going untreated. Concern mounting, Arora came up with the idea to "demonopolize" specialist knowledge, to provide primary health care providers — nurses, clinicians, family doctors — with the information to treat specialty disease.

"At the same time, he thought, 'My god, people must be doing this all over the

world — this must already be a thing,'" says Erika Harding, the director of replication initiatives at University of New Mexico's Project ECHO — the innovative health care wildfire sparked by Arora's concept.

It wasn't a thing. Arora gained support of primary care physicians all around the state, constructing a "simple, elegant" information-sharing model using teleconferencing technology that's caught on around the world.

Harding's role is to assist similarly minded specialists with their own "replications" of Project ECHO. Adoption of the model — both in the U.S. and internationally — has been rapid and "organic," she said, and covers a host of different diseases from HIV and AIDS to youth epilepsy. Forty-four "hubs" have been formed, including recent efforts by some Department of Defense and Veteran's Administration clinics, and another 100 are in formation — a demonstration of the power of the model, according to Harding.

Among those hundred is Michael Fratkin, who read about Project ECHO in the *Times*.

To successfully adopt the ECHO model, Harding says, the instigator must be an expert, want to improve the world — while feeling limited in his or her impact — and not be doing it for self-aggrandizement. "Fratkin really is kind of the poster child," she says.

Harding said physicians interested in ECHO need to demonopolize their knowledge — to be willing to make other primary care providers, even school teach-

continued on next page



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ers, “as good as [they] are.”

ECHO hubs around the world have created a “critical mass” of collective information along common health care themes, Harding says, creating a second tier of information sharing.

It’s one way that ECHO is challenging standard models of medicine. “Clinical trial data is great, but the inclusion and exclusion criteria is very, very strict,” Harding says. “If you’re [a doctor] looking for guidance with an 87-year-old woman with heart failure, alcoholism and early signs of Alzheimer’s, do you really treat her based on a clinical trial from the *New England Journal of Medicine*?”

The shared knowledge of practicing physicians, in the unique communities and environments and situations in which they practice, made more and more available through ECHO, is perhaps an equally powerful tool, Harding says. But primary care clinics and physicians know specifics about their patients’ conditions, contributing factors, community and levels of support in a way that overburdened specialists don’t.

“When ECHO is done well, we actually have providers in communities treating patients more effectively than if those patients were being sent to specialists,” she says.

There’s great potential for palliative care recipients under the Project ECHO model, Fratkin says, because those are patients who cannot — or should not — travel for treatment.

By involving clinicians, oncologists, nurses, neurologists, hospitalists and urgent care workers in small communities like Weaverville, Lakeport and Yuba City in bi-weekly teleconferences, Fratkin says palliative care can come to the people who need it.

He envisions giving a brief presentation on web-connected video screens, then asking each clinic to discuss details of a case that he and the others can discuss. “That’s the way health providers learn, is case after case after case,” Fratkin says. “What Project ECHO has discovered is not only does the expertise run down from the hub site but ... people become experts on their own end. In that way our little team up here in Humboldt County is touching the lives of many, many, many more than could squeeze into the lives of our clinical community.”

Becoming a Project ECHO hub is only one aspect of Fratkin’s Resolution Care vision. He is also seeking to expand local home visits and “virtual” home visits using the same technology that makes teleconferencing relatively cheap and accessible.

He also wants to offer palliative care earlier than Hospice. While he gives high praise to the work done by Hospice of Humboldt, Fratkin says palliative care should begin before a six-month diagnosis to live, which is what qualifies people for Hospice care. Many people sign up for hospice much later than that, often when they don’t have the capacity to make or express their final wishes.

Fratkin wants to hire another palliative care physician, a nurse or nurse practitioner, a social worker, a chaplain and a community health worker — a problem solver who can float around and fill in the gaps the rest of the team can’t reach. And at the top of his list is an “inspired operations director” — someone with the business and social enterprise skillset that he admits he lacks.

Fratkin says a focus on home visits as opposed to managing an outpatient clinical infrastructure would increase efficiency, allowing palliative care doctors to spend more time on “low-touch, high-value” interactions like telemedicine. “We can drop into somebody’s living room while they’re wearing fuzzy slippers and touch base with them,” he says.

Of course, building a team — particularly under a relatively new model, a “disruptive innovation,” as Fratkin calls it — requires money. To achieve that, Fratkin is trying something that even the Project ECHO folks haven’t seen before: crowdfunding.

In an Indiegogo fundraising effort launched Nov. 1, (the Day of the Dead coincidence isn’t lost on Fratkin) Resolution Care is seeking \$100,000. As of Nov. 3., the campaign was nearly a quarter of the way funded, with \$22,550 in contributions.

Harding says it’s the first Project ECHO hub that’s sought crowdfunding. “It’s very exciting to see people fund ECHO innovatively — as long as people maintain fidelity to our model we don’t tell people how to fund their ECHO.”

The majority of ECHO hubs are

“We’re more than our bodies. There’s lots of value in our modern technologies. The trick is to support people who get the value of modern medicine, but in the context that it’s not a medical experience to face the end of your life; it’s a human experience.”

— Michael Fratkin

academic centers — Harvard, University of Nevada, University of Utah — or big healthcare systems like Kaiser Permanente, “where you have some institutional wherewithal to cover the expenses,” Harding says. “Small enterprises like Michael’s group — that’s a different equation.”

One of the fundamental difficulties for Fratkin’s project will be overcoming a lack of incentives for doctor-to-doctor

learning, particularly when it comes to palliative care.

Patty Berg, a former state assembly member and current Hospice of Humboldt board member who has worked on end-of-life care for decades, says the current healthcare system is poorly designed to meet the needs of patients near death, and isn’t consistent with what patients want.

That’s partly because medicine is focused on “fee for service,” she says, where insurance reimbursements are made for intervention and procedures, but not for simply time spent talking with patients — or taking time out of busy clinic schedules to teleconference with other doctors. “I read recently primary care physicians only spend 20 percent of their time seeing patients,” she says. “Obviously that’s got to be changed.”

On top of that, Berg says many doctors are uncomfortable talking about end of life with patients, a phenomenon she came across trying to pass death-with-dignity legislation in the early 2000s. Despite overwhelming public support, she says powerful medical panels, many of them made up of Catholic physicians, squashed her bills.

“In some medical fields, [doctors] feel their responsibility is to keep somebody alive for as long as possible — do no harm, quote unquote,” Berg says. It’s a philosophy she’d like to see adapted to the public’s increasing demand for end-of-life options. Berg says it’s great Fratkin is looking to encourage more doctors to embrace palliative care, but it needs to go further than that. “I think it should be part

of every medical student’s curriculum.”

Harding, of Project ECHO, says the group is bringing together Medicaid leaders to discuss “innovative funding strategies” for efforts like ECHO.

“Small community providers and clinics are taking time out of their very busy day to learn,” she says. “This is not a consultation, a billable exchange of information — it is actually fundamentally learning. We certainly don’t want to penalize that.”

Berg says the Institute of Medicine and the American Medical Association, which is typically more conservative on issues like palliative care, are urging insurers to reimburse health care providers for conversations about end of life. “I think Fratkin probably sees that as an opportunity,” she says.

Local medical groups have lined up to support Resolution Care, including St. Joseph Hospital, which Fratkin says is committed to becoming a partner while letting him remain in charge of the hospital’s palliative care program. Other supporters include the Humboldt State University social work department and the Humboldt-Del Norte Independent Practice Association.

Fratkin wants to add humanity to the medicine at the end our lives. “We’re more than our bodies,” he says. “There’s lots of value in our modern technologies. The trick is to support people who get the value of modern medicine, but in the context that it’s not a medical experience to face the end of your life; it’s a human experience.”

Pamela Lyall’s philosophy reflected Fratkin’s and a growing number of people who want to control how their lives end. The longtime HSU librarian and actor, on the afternoon several days before she died, said her pets had found homes. Her friends had been paying respects. Whether it was from a sense of completion or exhaustion, she said, “My physical vision seems to be collapsing down ... putting me into a smaller world.”

Still, Lyall felt that palliative medicine needs to improve, needs to get people out of the “medical boxes” that have been adopted to extend life beyond comfort for so many aging Americans. Lyall’s holistic approach extended beyond death as well. She didn’t want to be buried in a casket in a concrete tomb “to prevent return to the earth, which is absurd.” Instead, she had arranged a green burial in Blue Lake, where she would be laid into the earth wrapped simply in a shroud. The seamstress was bringing it over for her to see that afternoon. “My shroud has been sewn,” she said. ●

FORTUNA FIRST FRIDAY

**Fortuna Arts Night
NOVEMBER 7TH, 5-8 p.m.**

The Fortuna Downtown Business Association invites you to a fun-filled night of art, music, refreshments and merchant specials on the first Friday of every month. Enter to win \$100 in Fortuna Bucks, cash and certificates by picking up a "Passport to Downtown" at a participating business and getting it stamped at 10 shops.

BARKY DOGZ BATHHOUSE 1041 Main St. Stacey Bigley, handcrafted pet products.

CORNERSTONE REALTY 1131 Main St. Artist TBA.

DAKOTA'S DESIGNS 1040 Main St. Dakota Daetwiler, paintings; Brian Bishop, paintings; local youth photography.

FORTUNA ART & OLD THINGS 1026 Main St. Ayala Talpia, wool fiber pieces.

HEALTHSPORT 1023 Main St. "A Slice of Life," Jackie Cory, photography.

HOPPY'S FROYO 1151 Main St. Gabe Best, photography.

L'S KITCHEN 734 10th St. Artist TBA.

MAIN STREET ART GALLERY & SCHOOL 1006 Main St.

"Comic Minimalism & Wakeyurassupism," group show.

MARIAN'S BEAUTY SALON 741 11th St. Ashley Bones, jewelry.

PRECISION INTERMEDIA 1012 Main St. "Classic Universal Monster Art," Christopher Stroud, illustrations. Music by Jenni & David and the Sweet Soul Band.

RAIN ALL DAY BOOKS 1136 Main St. Fortuna Art Council Artist TBA.

RARE BIRD 1022 N. St. Allison Curtis, artwork.

STREHL'S 1157 Main St. Natalya Burke, drawings, paintings, sand and encaustic paintings.

TACO LOCO 955 Main St. Richard Leamon, paintings.

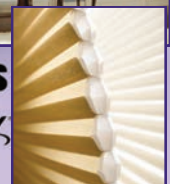
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NO SYRUP REQUIRED. PHOTO BY JENNIFER FUMIKO CAHILL

Hum Plate Roundup

The international language

By Jennifer Fumiko Cahill

tabletalk@northcoastjournal.com

Cherchez le Dip

The French dip sandwich you've been ordering everywhere in hope of finding a good one isn't actually French. There, there, *mes amis*.

France can dry its tears on its long list of culinary accomplishments. Or it can stop at Oberon Grill (516 Second St.) to feed its feelings with Nick's French Dip (\$12). Somewhere in the back, someone is shaving roasted prime rib onto a baguette and draping it with Swiss cheese and thick bacon. There's a slice of pickle, too, which turns out to be the balancing vinegary bite that's been

missing all this time. The meat is so tender and flavorful that if you are craving a steak at lunch this might just do it. (Think back to the bland slab of prime rib you had at that wedding this summer — should we switch to sandwiches for formal events?) The au jus is like a soup with aspirations of gravy — the salty, savory drippings from the roast in which your sandwich and any nearby French fry or crust of bread longs to drown. *Oui*.

Truck-stop Truck

Toni's Thai truck is no more. The cook has returned to Thailand, leaving us bereft of green curry and jasmine rice on wheels. The shiny red truck has been transformed

into the Redwood Local, parked at Seventh and I streets in Arcata. Embrace the change and the meta-weirdness of truck stop fare from a truck. The fried chicken and waffles are solid, despite not being from scratch (\$7.59, \$2 for country sausage gravy). The joy is in being able to get hot waffles curbside. That's how they do it in Belgium, which the International Human Rights Indicator Rankings put at eighth in the world, right up there with those Nordic countries full of safe cars, high-design furniture and smoked salmon. Street waffles: the sign of a just society.

But the showstopper is a paper tray of potato thins (\$4.99). Not as thin as potato chips, the slim slices of spud are deep-fried until soft with a crisp edge of brown skin here and there, and topped with sour cream and scallions. For \$1.99, you can add a handful of chopped bacon. Do not live a life of regret. Add the bacon. These thins are like the love child of potato skins and nachos.



THE LOVE CHILD OF NACHOS AND POTATO SKINS. PHOTO BY JENNIFER FUMIKO CAHILL

It's like the missing link between whipped cream and cream cheese. Thanks, Italy. Case in point: the French toast (\$14) at Benbow Inn (445 Lake Benbow Drive, Garberville). If the weather's nice, order it on the veranda overlooking the bridge. Just nibble at the biscuits and scones that come out with

your coffee and have a moment of silence for your paleo friends, because their sacrifice is real. Thick slabs of Texas toast (oh, Texas, I can't stay mad at you), already crisp and buttery outside, hot and custardy inside, are topped with a hefty scoop of mascarpone blended into



NO SKINNY DIP. PHOTO BY JENNIFER FUMIKO CAHILL

They are best hot, so have your own little tailgate at one of the picnic tables. Even if we are 10 slots lower than Belgium on those human rights rankings, this is the taste of America.

France, Italy, Texas

Nothing ever got worse because somebody spooned mascarpone cheese on it.

whipped cream, rounding out the tartness of fresh raspberries. The fluffy dollop glides meltingly down the ramp of bread, threatening to mingle with the applewood-smoked bacon and making you forget all about that little cup of syrup to the side of your plate. ●

Still reminiscing about that thing you ate at that place? Send your piping hot tips to Jennifer@northcoastjournal.com.

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Desert Storms

Other Desert Cities stands solid at Redwood Curtain

By Kate Haley

frontrow@northcoastjournal.com

With Halloween over and the holiday season officially upon us, the coming months will offer much in the way of charming, sugar-sprinkled and heartwarming entertainment to enjoy with our families. Redwood Curtain Theatre's production of *Other Desert Cities* by Jon Robin Baitz is not one of those productions. However, for those navigating their own family dynamics, it may be far more relatable than tales of endless good tidings and cheer. It is a story of family struggling through unique circumstances, yet their foibles and frustrations are familiar. For that reason it is a fitting piece for this pre-game moment before we are all fully immersed in the frenzy of family, friends and the holidays.

Other Desert Cities tells the story of Brooke who has come home to Palm Springs for the first time in six years to visit her family and share the manuscript of her new book. Clearly strained relationships are pushed further when she reveals that she's written a memoir that investigates a particularly painful moment from the family's past. As the action unfolds over Christmas Eve, long-kept secrets

are revealed and questions are asked about what truth is hidden in memory. Set in 2004, the script is highly topical, filled with specific references to '80s and post-9/11 figures and politics. Examining the difference in beliefs between generations, a war of ideology plays out over endless cocktails. Running nearly two and half hours with intermission, it is a longer show, but the pacing and tension keep the audience engaged throughout. The play is a beautifully taut portrayal of a family in crisis. It embraces the truth that living and loving do not always come naturally, and that healing can be found in that understanding.

This production plays to the strengths of Redwood Curtain as a company. The size and layout of the theater lends itself to shows where the audience gets to feel like a fly on the wall, and in *Other Desert Cities* this effect is increased through the beautiful work of scenographer Lynnie Horrigan, who provides the scenic, lighting and costume designs. The set is a convincing quintessential Palm Springs living room complete with wet bar and a beautiful modern art piece painted by Horrigan. Moving through the space and gazing out over the audience, it is easy to believe the

actors are looking out into the expanse of the Southern California desert and that the world they inhabit is real.

The show also benefits from solid casting. As matriarch Polly, Bernadette Cheyne delivers some lines with such authentic venom that you cannot help but cringe. In contrast, there is her former ambassador husband, Lyman, played by Lincoln Mitchell, who even in retirement cannot help but try to keep everyone happy and getting along. Charlie Heinberg plays youngest child Trip, a classic Valley Boy whose casual exterior conceals inner depths. As central character Brooke, Cassandra Hesseltine is entirely believable, allowing the audience to empathize with her journey and feel the pain of her struggle. Rounding out the cast is Lynne Wells in the role of witty Aunt Silda, who deftly provides needed comic relief without being at all one-dimensional.

Overall, it is a strongly executed production well worth taking in.

Some shows leave you feeling a bit raw in the best way possible. In asking us to witness and experience another's discomfort and pain, they provide friction, which, like sandpaper on wood, can reveal the intricate beauty underneath, leaving the

audience as enlightened and transformed as the characters on stage.

Other Desert Cities is directed by Peggy Metzger, assisted by stage manager Justin Takata. Sound design is by Jon Turney. The production runs through Nov. 22 with performances **Thursday through Saturday at 8 p.m.** There will be an additional matinee performance **Sunday, Nov. 16 at 2 p.m.** Tickets are \$10 on Thursdays, \$15 for all other dates. For more information call 443-7688.



LINCOLN MITCHELL AND CASSANDRA HESSELTINE AS LYMAN AND BROOKE WYETH. PHOTO BY EDDIE OLSON, COURTESY OF REDWOOD CURTAIN THEATRE.

Upcoming

How to Succeed in Business Without Really Trying opens at **North Coast Repertory Theatre** on **Nov. 13**. This classic musical satire of corporate maneuverings plays through **Dec. 13** with performances **Thursday through Saturday at 8 p.m.**, with select **Sunday** matinees at **2 p.m.** Tickets are \$18, \$15 for students and seniors. For reservations and information call 442-6278.

If you're seeking holiday fare appropriate for the whole family, place **Dell'Arte's** production of **Pippi Longstocking** on your calendar. The familiar tale of the mischievous little girl with pigtails plays at the **Carlo Theatre** in Blue Lake on **Nov. 28 to Nov. 29 at 6:30 p.m.** Tickets are free. For more information call 668-5663. ●

◀ continued from previous page

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THE ALIBI 826-2345 744 Ninth St., Arcata			Nipplepotamus and Fuzz SoLow (rock) 11pm \$5		
ARC. COMMUNITY CTR. 822-7091 1321 Dr. Martin Luther King Jr. Parkway, Arcata			Cirque Disco-leil (revue) 7:30pm \$20		
ARCATA PLAYHOUSE 1251 Ninth St.,822-1575		Wisdom in the Spotlight (theater) 7pm \$15	Joni Mitchell Tribute Show 8pm \$15	Wisdom in the Spotlight (theater) 2pm \$15	[T] Ellis Paul & Steve Poltz (folk) 7:30pm \$20, \$18 advance, \$15 students
ARCATA THEATRE LOUNGE 1036 G St., 822-1220		Ocean Night w/ <i>Step Into Liquid</i> (film) 6:30pm \$3	BoomBox and Ichisan (DJs) 9:30pm \$20, \$15 limited advance	<i>Where the Wild Things Are</i> (film) 6pm \$5	[W] Sci-Fi Night w/ <i>Last Woman on Earth</i> 6pm Free w/\$5 food/bev, All Ages
BLONDIES 822-3453 420 E. California Ave., Arcata	Open Mic 7pm Free			Jazz Night 7pm Free	[M] Quiz Night 7pm Free [T] Human Expression Night (open mic) 7pm Free [W] Local Music Showcase 7pm Free
BLUE LAKE CASINO WAVE LOUNGE 668-9770 777 Casino Way	Karaoke w/KJ Leonard 8pm Free	TBA 9pm Free	TBA 9pm Free	Karaoke w/KJ Leonard 8pm Free	
CENTRAL STATION 839-2013 1631 Central Ave., McKinleyville	Open Mic w/Jimi Jeff 8pm Free	Karaoke w/Rock Star 9pm Free			
CHER-AE HEIGHTS CASINO FIREWATER LOUNGE 677-3611 27 Scenic Drive, Trinidad		Steel Standing (drums) 9pm Free	Mojo Child (Doors tribute) 9pm Free	Karaoke w/Chris Clay 8pm Free	[T] Karaoke w/Chris Clay 8pm Free
CLAM BEACH INN 839-0545 4611 Central Ave., McKinleyville		Kindred Spirits (bluegrass) 10pm Free			
HUMBOLDT BREWS 826-2739 856 10th St., Arcata		KWPT's Classic Cover Contest Finale 9pm \$5	Miracle Show (Dead tribute) 9:30pm \$8	One Two Tree (roots) 8pm \$5	[M] Rebirth Brass Band (funk) 9pm \$20
HUMBOLDT MACHINE WORKS AT ROBERT GOODMAN 937 10th St., Arcata, 826-WINE	Roots & Culture Reggae 10pm \$10	Claire Bent (jazz) 9pm Free	DJ Rotten 9pm Free		[W] Salsa! (lessons + dance) 9pm \$5
HUMBOLDT STATE UNIVERSITY 1 Harpst St., Arcata 826-3928			Ziggy Marley (reggae) 8pm \$56, \$26 HSU students		[W] Kate Buchanan Room: Miguel Zenón Quartet (jazz) 8pm \$15, \$10 students

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LARRUPIN 822-4766 1658 Patricks Point Drive, Trinidad		Blue Lotus Jazz 6pm Free			[W] Aber Miller (jazz) 6pm Free
LIBATION 825-7596 761 Eighth St., Arcata		Claire Bent (jazz) 7pm Free	RLA Trio (jazz) 7pm Free		[T] Buddy Reed (blues) 7pm Free
LIGHTHOUSE GRILL 677-0077 355 Main St., Trinidad				Tim Breed (acoustic) 5pm Free	
LOGGER BAR 668-5000 510 Railroad Ave., Blue Lake	Open Mic 8pm Free	Cheezy Music Night (DJ) 9pm Free	Kingfoot (Americana) 9pm Free	Potluck (food) 6pm Free	
MAD RIVER BREWERY 668-5680 101 Taylor Way, Blue Lake	Blake Ritter (fiddle) 6pm Free	1995 (fiddle) 6pm Free			[W] Piet Dalmolen (jazz) 6pm Free
OCEAN GROVE 677-3543 480 Patrick's Pt. Dr., Trinidad					[M] Dancehall Mondayz w/Rudelion 8pm \$5
PLAZA GRILL 826-0860 780 Seventh St., Arcata	Thursday Night Shake Up 8pm Free				
REDWOOD CURTAIN BREW 550 South G St. #6, Arcata 826-7222	Paula Jones w/RLA Trio (jazz) 8pm Free		Crosby Tyler (one-man band) 8pm Free		
SIDELINES 822-0919 732 Ninth St., Arcata	Rudelion Sound (DJ) 10pm TBA	DJ Music 10pm TBA	Sidelines Saturdays w/Rudelion 10pm TBA		
SILVER LINING 839-0304 3561 Boeing Ave., McKinleyville			Good & Evil Twins Karaoke 8pm Free		[T] Good & Evil Twins Karaoke 8pm Free
SIX RIVERS BREWERY 839-7580 Central Ave., McKinleyville	DJ Itchie Fingaz 9pm Free	Anna Hamilton (jazz) 9pm Free	Jimi Jeff (Hendrix/rock) 9pm Free	Trivia Night 8pm Free	[M] Karaoke w/DJ Marv 8pm Free
SUSHI SPOT 839-1222 1552 City Center Road, McK.					[M] Anemones of the State (jazz) 5pm Free
TOBY & JACKS 822-4198 764 Ninth St., Arcata		DJ Itchie Fingaz (glitch/hip-hop) 9pm Free	DJ Music 10pm Free		[W] Reggae Wednesdayz w/Rudelion 10pm Free
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venue	thur 11/6	fri 11/7	sat 11/8	sun 11/9	m-t-w 11/10-12
BAR-FLY PUB 443-3770 91 Commercial St., Eureka		Bar-Fly Karaoke 9pm Free			[W] Bar-Fly Karaoke 9pm Free
BEAR RIVER CASINO 733-9644 11 Bear Paws Way, Loleta	Karaoke w/Chris Clay 8pm Free	Pressure Anya (DJs) 9pm Free	Pressure Anya (DJs) 9pm Free		
CECIL'S BISTRO 923-7007 773 Redwood Drive, Garberville		Trevor Hill and Ben Kolina (comedy) 8pm Free			
CHAPALA CAFÉ 443-9514 201 Second St., Eureka		The Tumbleweeds (cowboy) 6-8pm Free	The Tumbleweeds (cowboy) 6-8pm Free		
EUREKA INN PALM LOUNGE 518 Seventh St. 497-6093	Mad River Rose (rock) 9pm Free	Shuffle Friday w/Gabe Pressure and Joe-E (DJs) 9pm Free	Make Me Laugh (comedy) 8:30pm \$5		[M] Brian Post (jazz) 8pm Free [T] Anna Banana (blues comedy) 8pm Free [W] Lemon Lemon Cherry (folk) 7:30pm Free Comedy Open Mikey 9pm Free
EUREKA THEATER 612 F St., 845-8795			StrangeBrew BeerFest 7pm \$35, \$30 advance		
GALLAGHER'S IRISH PUB 139 Second St., Eureka 442-1177	Seabury Gould and Evan Morden (Irish) 6pm Free	Papa Paul (folk) 6pm Free	Open Irish/Celtic Music Session 3pm Free		
MATEEL COMMUNITY CTR. 59 Rusk Lane, Redway 923-3368		House of Floyd (Pink Floyd tribute) 9pm \$20-25	Benefit for Coco Hogan (food/bands) 5pm Donations accepted		
MONDAY CLUB 610 Main St., Fortuna 725-7572			Pastime Silent Movie Orchestra (film/music) 7:30pm \$10, \$8		
OLD TOWN COFFEE & CHOC. 211 F St., Eureka 445-8600			Leslie Nelson "El Flaco" (folk) 7pm Free		[W] Open Mic w/Mike Anderson 7pm Free
PEARL LOUNGE 444-2017 507 Second St., Eureka	Dirty Thursdays w/Pressure Anya (DJ) 9pm Free	Rudelson (DJ) 10pm Free	Itchie Fingaz (DJ) 10pm Free		[W] Pints, Pizza and Picture Show (films) 5:30pm Free
THE PLAYROOM 725-5438 11109 Main St, Fortuna		DJ Stir Fry Willie 9pm Free			

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venue	thur 11/6	fri 11/7	sat 11/8	sun 11/9	m-t-w 11/10-12
PERSIMMONS GALLERY 923-2748 1055 Redway Drive, Redway	Off the Chart (jazz) 7pm Free	Dallas Burrow (singer-songwriter) 7pm Free			
THE SIREN'S SONG TAVERN 325 Second St., Eureka 442-8778	Accident Lab Poetry Night (open mic) 7:30pm \$5	The Mixtape Performance (bands) 9pm \$5			[W] Marty O'Reilly & The Old Soul Orchestra (blues/folk) 9pm Free
THE SPEAKEASY 411 Opera Alley, Eureka 444-2244			Buddy Reed and the Rip It Ups (booty shakin' blues) 10pm Free		[T] The Opera Alley Cats (jazz) 7:30pm Free [W] No Covers and USGGO (jazz) 7pm Free



WHO: Mirah
WHEN: Monday, Oct. 10 at 7:30 p.m.
WHERE: The Sanctuary
TICKETS: \$4

PHOTO COURTESY OF THE ARTIST



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Blues

11.15 DOUG FIR & THE 2X4S
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THE SETLIST

Conundrums

Crunchy autumnal sounds

By Jennifer Savage

thesetlist@northcoastjournal.com

November is a troublesome month. On one hand, you might be trying to recover from October indulgence and saving up for December holiday madness. On the other, local partying options aren't slowing down one whit.

Thursday: Dynamite drums

For example, percussive masters **Steel Standing** release *Fine Line* at the Arcata Playhouse tonight. The album features band member originals, the usual fine funky arrangements and a very big sound, and it's yours included with the \$15 cover charge. Also included, dancing by **Samba Quente**. Doors at 7:30 p.m., show starts at 8:30 p.m. All ages.

Friday: Dream factory

Do you like to sing along to the same songs you've been air-guitaring to since high school? Perfect!

KWPT Classic Covers Contest and Birthday Party showcases the area's top three contest finalists at Humboldt Brews starting at 9 p.m. Cover for the covers is \$5, show is 21-and-over.

In other keeping-the-past-alive events, the **Environmental Protection Information Center** celebrates the present and looks to the future of forest protection with the advocacy group's 37th annual **Fall Celebration Dinner for the Wild** featuring SF-based **House of Floyd** at the Mateel Community Center. If you want to do the whole shebang, replete with four-course dinner, tickets are \$50 advance, \$60 at the door, with a start time of 6:15 p.m. For music only, tickets are \$20 and things get

rolling after 9 p.m. In either case, advance purchase is strongly encouraged. See www.wildcalifornia.org for more info.

Saturday: Divine disco, delicious bits, blues

Arcata Ridge Trail fans age 21 and older are invited to the Arcata Community Center for **Cirque Disco-leil**, a disco-themed event focusing on "bridging the gap" — funding a bridge to allow the Ridge Trail to cross Janes Creek near its northern entrance on West End Road. And what says "connection" better than "sex"? Which is why attendees will get the fabulous **Caravan of Glam** drag performers, a super hot Good Relations fashion show with the **Va Va Voom Burlesque Vixens** modeling, fast action from **Humboldt Roller Derby**, plus **Samba Quente**, **David Bingham** and the **Healthsport Disco Dancers**. But wait! That's not all. You also

get **DJ Joe E** from the **Deep Groove Society** spinning after-show tunes so you yourself can get your dance on. Doors open at 7:30 p.m. Tickets are \$20 and available via Brown Paper Tickets and at Wildberries Marketplace, Peoples Records and Good Relations.

One of the good things about Alibi shows starting so late is that you can attend **Cirque Disco-leil** and still duck over to the 'bi to catch one-man show **Fuzz SoLow**, who also serves up a sexy vibe, albeit a darker, more dangerous one, the

sort that manifests in shadowy corners, over whiskey — *the kind of night your mother warned you about!* "I'm built for comfort/I wasn't built for speed/I got all the good stuff/all the good stuff a good girl needs," Fuzz does justice to Howlin' Wolf's "Built for Comfort," a riffy track that gets right under your skin from the get-go. It's the kind of back porch blues that ends in the back seat if you want it to. Warm up at www.fuzzsolow.bandcamp.



WHO: Fuzz SoLow
WHEN: Saturday, Oct. 8 at 10:30 p.m.
WHERE: The Alibi
TICKETS: \$5

PHOTO
COURTESY OF
THE ARTIST



WHO: Steel Standing
WHEN: Thursday, Oct. 6 at 8:30 p.m.

WHERE: Arcata Playhouse
TICKETS: \$15

PHOTO
COURTESY OF
THE ARTIST

com. **Nipplepotamus** rounds out the bill with psych-surf goodness. Music starts at 10:30 p.m., cover is \$5.

Monday: Darling dark pop

The last time **Mirah** played Arcata (if I remember correctly) was when **Placebo** was still at the Manila Community Center. Which is not Arcata, but you get my point. To have her return to A-town speaks highly of the folks at the Sanctuary. Sticking a genre-label on her sound undermines the creativity and uniqueness of what she does, but for the sake of brevity, let's pull from ones used before and go with lo-fi, inventive indie pop. Also performing, **Ruby Fray** (dark psych folk from Austin) and **Matt Summers**. The Sanctuary is located at 1301 J St. All ages, doors at 7 p.m., music at 7:30 p.m., suggested donation is \$4.

Wednesday: Delta-inspired blues, deft jazz

Santa Cruz-based folk-and-blues act **Marty O'Reilly and the Old Soul Orchestra** specialize in a trance-infused spin on the early Delta blues tradition. They sound cool, nautical and pensive, and will deliver "Americana storytelling with a soul" to the Siren's Song Tavern Wednesday night. All ages, show starts at 8 p.m. No cover indicated, but bring some cash for the band just in case.



WHO: Miguel Zenón
WHEN: Wednesday, Oct. 12 at 8 p.m.
WHERE: Kate Buchanan Room
TICKETS: \$15, \$10 students

PHOTO
COURTESY OF
THE ARTIST

Jazz saxophonist and MacArthur Foundation Genius Grant winner **Miguel Zenón** returns to Arcata with his quartet to round out the fall portion of the current Redwood Jazz Alliance concert season on Wednesday, Nov. 12 at 8 p.m. in HSU's Kate

Buchanan Room. A native of San Juan, Puerto Rico, Zenón studied at the Escuela Libre de Musica, then honed his jazz skills at the Berklee and Manhattan Schools of Music. His earliest professional experience was with Boston's famed Either/Orchestra, and he has worked with many other large groups besides, including the Mingus Big Band, the Village Vanguard Orchestra and Charlie Haden's Liberation Music Orchestra. Zenón is also a founding member of the groundbreaking SFJazz Collective (he is now its most senior member) and was a resident artistic director for the first two seasons of the

SFJazz Center, which opened in 2012.

The Miguel Zenón Quartet will also present a pre-concert workshop, free and open to the public, on Wednesday at noon in Music Building "A", Room 131 on the HSU campus. More information at RedwoodJazzAlliance.org. Advance tickets are \$15 general, \$10 students and seniors, available at Wildberries, Wildwood Music, People's Records and The Works.

Etc.

Full show listings in the *Journal's* Music and More grid, the Eight Days a Week calendar and online. Bands and promoters, send your gig info, preferably with a high-res photo or two, to music@northcoastjournal.com. ●

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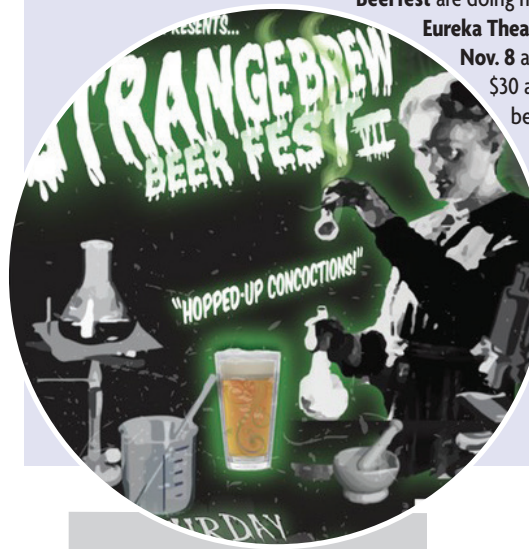


Go ahead. Show up to Grammy-winner **Ziggy Marley's** set at the **Van Duzer Theatre** on **Saturday, Nov. 8 at 8 p.m.** in your worst mood (\$56, \$26 HSU students). Love is his religion, and your scowl is no match for this Marley's sweet, joyful reggae.



about. NuGames staff will be answering questions and running games.

You cannot beat the cults of Pokémon and Yu-Gi-Oh!, so you might as well join them. Bring your kids and their decks to the **McKinleyville Library** on **Wednesday, Nov. 12 at 5:30 p.m.** to finally learn what the Heliopile they're talking



Does this beer taste strange to you? Local brewers at the **StrangeBrew Beerfest** are doing mad science at the **Eureka Theater** on **Saturday, Nov. 8 at 5:30 p.m.** (\$35, \$30 advance, must be 21 and over). Sample their concoctions — no fruit, vegetable or yeast is safe — with some barbecue and the music of the Uptown Kings.

GO CAMP 8 DAYS A WEEK

6 thursday

ART

Figure Drawing Group. 7-9 p.m. Cheri Blackerby Gallery, 272 C St., Eureka. Chip in for the live model and hone your artistic skills. \$5. 442-0309.

LECTURE

Conservation Talk. 5:30-7 p.m. Humboldt State University, 1 Harpst Street, Arcata. Matt Johnson presents "Reconciling Agriculture and Wildlife Conservation" as part of the Sustainable Futures Speaker Series. Free. pjs26@humboldt.edu. www2.humboldt.edu. 826-3653.

MOVIES

The Abolitionists Part 1. 5-7 p.m. Kate Buchanan Room, Humboldt State University, Arcata. This screening and discussion is part of the Created Equal Film Series. Free. kwl1@humboldt.edu. www.now.humboldt.edu. 826-5656.

THEATER

Other Desert Cities. 8 p.m. Redwood Curtain Theatre, 220 First St., Eureka. This family drama focuses on the issues that arise when secrets are exposed. \$15.

FOR KIDS

Storytime. 10-10:45 a.m. Trinidad Library, 380 Janis Court. Stories, songs, fingerplays and more for you and your youngsters. Free. 677-0227.

MEETINGS

Human Rights Commission. First Thursday of every month, 5 p.m. County Courthouse, 825 Fifth St., Eureka. This month's agenda includes the use of public property and prison conditions. Free. 668-4095.

ETC

Sip and Knit. 6 p.m. NorthCoast Knittery, 320 Second St., Eureka. Join fellow knitters, crocheters, weavers, spinners and other fiber artists as they socialize and work on their current projects. 442-9276.

7 friday

ART

Arts Fortuna. First Friday of every month. Main Street. Fortuna's arts night. Free. 845-2038.

DANCE

Live Music Dance Party. 7:45-11 p.m. Redwood Raks World Dance Studio, 824 L St., Arcata. The Humboldt Folk Dancers present an easy dance lesson and an evening of dance with music from Chubritza and Mosaic. All ages and dance levels are welcome. \$5. ckurumada@aol.com. www.humboldtfolk dancers.org. 496-6734.

LECTURE

Humboldt Invention Talk. 7 p.m. Dows Prairie Grange Hall, 3995 Dows Prairie Road, McKinleyville. Local historian Jerry Rohde discusses "Unique and Useful" historical inventions and products of Humboldt County. Free. dowsgrange@gmail.com. www.dowsprairiegrange.org.

MOVIES

The Freedom Riders. 5-8 p.m. Kate Buchanan Room, Humboldt State University, Arcata. Part of the Created Equal Film Series. Free. kwl1@humboldt.edu. www.now.humboldt.edu. 826-5656.

Ocean Night. 6:30 p.m. Arcata Theatre Lounge, 1036 G St. From majestic documentaries to epic surf flicks, explore the great blue sea with Northcoast Environmental Center, Humboldt Surfrider and Humboldt Baykeeper. This week's movie is *Step into Liquid*. \$3. www.arcatatheatre.com.

MUSIC

House of Floyd. 9 p.m.-midnight. Mateel Community Center, 59 Rusk Lane, Redway. The tribute band performs the music of Pink Floyd, man. \$20-25. www.wildcalifornia.org. 822-7711.

HSU Opera Workshop. 8-9:30 p.m. Fulkerson Recital

Hall, Humboldt State University, Arcata. Elisabeth Harrington directs. \$8, \$5 seniors and children, free to HSU students. HSUMusic.blogspot.com. 826-3928.

THEATER

Other Desert Cities. 8 p.m. Redwood Curtain Theatre, 220 First St., Eureka. See Nov. 6 listing.

EVENTS

College/Career Colors Day. Countywide. Promote conversation with young people about college and career training by dressing in your favorite college, university, trade school or vocational program colors or apparel. Contact Jenny Bowen of Decade of Difference for more information. Send group photos to jbowen@humboldt.k12.ca.us or use #HumboldtCollegeColorsDay. Free. 441-4552.

FOR KIDS

Baby Read and Grow. Every other Friday, 11-11:45 a.m. Eureka Main Library, 1313 Third St. Families are invited to share songs, fingerplays and short stories. Free. 269-1910.

Children's Clothing Swap. First Friday of every month, 3:30 p.m. Redwood Raks World Dance Studio, 824 L St., Arcata. Bring your kids' hand-me-downs to trade for fresh new-to-you's. Sizes newborn-12, in wearable condition (no holes, stains, etc.). Free. facebook.com/ChildrensClothingSwapArcata. 985-8084.

SPORTS

Drop-in Basketball. 7 p.m. McKinleyville Recreation Department, 1656 Sutter Road. Adults are welcome to join in for pick-up basketball. \$3.

Public Skating. 6:30-9:30 p.m. Fortuna Firemen's Pavilion, 9 Park St. Have a blast and get some exercise at the same time. \$5.

ETC

Fig Twig Holiday Market. 5-8 p.m. Humboldt County Fairgrounds, 1250 Fifth St., Ferndale. The market showcases home, holiday decor and handcrafted finds. Friday \$5, Saturday \$2. figtwigmarket@gmail.com. www.figtwigmarket.com. 496-5867.

COMEDY

Trevor Hill and Ben Kolina. Cecil's New Orleans Bistro, 773 Redwood Drive, Garberville. 8-10:30 p.m. Talvi Fried hosts Bay Area and local comedians. Free. 502-9656.

8 saturday

ART

Arts on the Avenue. Second Saturday of every month, 6-8 p.m. Eagle Prairie Arts District, 406 Wildwood Ave., Rio Dell. Local artists, artisans and music all along the avenue. Free.

Family Arts Day. 2 p.m. Morris Graves Museum of Art, 636 F St., Eureka. Interactive art projects and activities for the whole family. Explore Junque Art. \$5, \$2, Free for kids. www.humboldtarts.org. 442-0278.

MOVIES

Locke. 6-8 p.m. Christ Episcopal Church Chapel, 15th and G, Eureka. Cinema Chat with a compelling and suspenseful film about one riveting car ride and one decision leading to the collapse of a life. Free. christchurch@att.net. www.cinemachatforum.wordpress.com. 442-1797.

Riding My Way Back. 6:30 p.m. Humboldt Area Foundation, 363 Indianola Road, Bayside. A film about how a horse helped a veteran overcome his wartime trauma. Free.

MUSIC

BoomBox and Ichisan. 9:30 p.m. Arcata Theatre Lounge, 1036 G St. They keep the house bumpin' all night. \$20, \$15 limited advance. www.arcatatheatre.com.

HSU Opera Workshop. 8-9:30 p.m. Fulkerson Recital Hall, Humboldt State University, Arcata. See Nov. 7 listing.

Humboldt Light Opera's The Babes. 7-9 p.m. Eureka

continued on next page ►



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8 DAYS A WEEK

continued from previous page

Women's Club, 1531 J St. The women's chorus celebrates their 20th anniversary with a performance and reception, featuring ensemble favorites from the last 20 years. Free. info@hloc.org. www.hloc.org. 822-1318.

Pastime Silent Movie Orchestra. 7:30 p.m. Fortuna Monday Club, 610 Main St. Franklin Stover directs the band accompanying Buster Keaton's *The Playhouse* and Charles Bowers' *Now You Tell One*. \$10, \$8. fortunaconcert@live.com. www.fortunaconcertseries.com.

Ziggy Marley. 8 p.m. Van Duzer Theatre, Humboldt State University, Arcata. Reggae with a focus on positivity and love. \$56, \$26.

THEATER

Other Desert Cities. 8 p.m. Redwood Curtain Theatre, 220 First St., Eureka. See Nov. 6 listing.

EVENTS

Cirque Disco Leil. 7:30-11:45 p.m. Arcata Community Center, 321 Dr. Martin Luther King Jr. Parkway. This disco-themed fundraiser features Caravan of Glam, Pom Pom Queens, Humboldt Roller Derby, Samba Quente, a Good Relations fashion show and more. Come in disco attire. 21 and over. \$20. farberbush@greenwaypartners.net. www.humtrails.org. 845-3873.

Intertribal Elder Gathering. 10 a.m.-7 p.m. Redwood Acres Fairgrounds, 3750 Harris St., Eureka. This sacred meeting of the elders has been held for the last 33 years and gives spectators a rare view into the world of indigenous tribes. \$8, \$4 kids. ncidc.org. 445-8451.

StrangeBrew BeerFest. 7 p.m. Eureka Theater, 612 F St. Local breweries are invited to create a "strange brew." Beer will be sampled and everyone votes for their favorite. \$30 advance, \$35 door. info@theeurekatheater.org. www.theeurekatheater.org. 442-2970.

Veterans Day Commemoration. 1:30 p.m. Trinidad Museum, 400 Janis Court. Opening reception for a photographic exhibit honoring local men and women who served in WWI, WWII, Korea, Vietnam, the Balkans, Iraq and Afghanistan. Free.

FOR KIDS

Babies at the Library. Second Saturday of every month, 11 a.m.-noon. Trinidad Library, 380 Janis Court. Songs, rhymes and playtime for children aged 3 months to 2 years. Free. trihuml@co.humboldt.ca.us. 677-0227.

Dad and Me Playgroup. Second Saturday of every month, 10-11:30 a.m. Discovery Museum, 501 Third St., Eureka. Fun and interactive play at the museum with story time in the morning, designed for dads and their children age 0-5. Free. info@discovery-museum.org. www.discovery-museum.org.

Fall Festival. 4-7 p.m. Kneeland School, 9313 Kneeland Road. School fundraiser featuring carnival games, a silent auction, cotton candy, spin art, caramel apples, carnival food and much more. \$5 game punch card. Food prices vary. kneeland@humboldt.k12.ca.us. 442-5472.

Nature Story Time. 2 p.m. Humboldt Coastal Nature Center, 220 Stamps Lane, Manila. Join a naturalist for stories geared toward kids ages 3 to 6. Free. www.friendsofthedunes.org. 444-1397.

Youth Driven Saturdays. 7 p.m. McKinleyville Recreation Department, 1656 Sutter Road. Gym play, a Wii and X-box Kinect, games, snacks and so much more for kids in the sixth through 12th grades. Free. mckinleyvillecds.com/parks-recreation.

FOOD

Arcata Farmers Market. 9 a.m.-2 p.m. Arcata Plaza, Ninth and G streets. Locavores' delight: fresh vegetables and fruit from local producers, food vendors, plant starts and flowers every week. Free. www.humfarm.org. 441-9999.

Dream Quest Farmer's Market. 9 a.m.-2 p.m. Post Office, 100 Country Club Drive, Willow Creek. Produce

from local farms and the Dream Quest garden. Operated by Dream Quest teens. Free. 530-629-3564.

GARDEN

Great Gardens, Botanical and Otherwise. 11 a.m. Humboldt Botanical Gardens, College of the Redwoods, Eureka. Tim Walsh presents photos and stories of trips through gardens in Europe, New Zealand and Australia. \$5.

OUTDOORS

Arcata Marsh Tour. 2 p.m. Arcata Marsh and Wildlife Sanctuary Interpretive Center, 600 S. G St. Meet a trained guide for a 90-minute walk focusing on the ecology of the marsh. Led by Sharon Levy. Free. 826-2359.

Audubon Society Arcata Marsh Tour. 8:30-11 a.m. Arcata Marsh and Wildlife Sanctuary,

South I Street. Bring your binoculars and have a great morning birding. Meet the trip leader in the parking lot at the end of South I Street (Klopp Lake) in Arcata, rain or shine. Gary Friedrichsen leads this tour. Free. www.ras.org/calendar.

Dune Restoration. 9:30 a.m. Humboldt Coastal Nature Center, 220 Stamps Lane, Manila. Remove invasive plants and restore the dunes. Bring drinking water and wear closed-toed shoes. Gloves, tools and cookies will be provided. Free. Info@friendsofthedunes.org. www.friendsofthedunes.org. 444-1397.

Hikshari Trail Planting Day. 9-11 a.m. Hikshari Trail, Elk River Wildlife Sanctuary, Eureka. Volunteer for morning of planting trees, shrubs and native dune plants. Meet at the boat launch parking lot off Hilfiker Lane. Tools provided, but bring gloves if you can. Free. susanpenn60@gmail.com. 444-2357.

Volunteer Resorption Day. March 8, 9 a.m. Patrick's Point State Park, 4150 Patrick's Point Drive, Trinidad. Help remove English ivy, a moderate activity. Wear sturdy shoes. Gloves and tools are provided. Free. Michelle. Forys@parks.ca.gov. 677-3109.

SPORTS

Public Skating. 6:30-9:30 p.m. Fortuna Firemen's Pavilion, 9 Park St. See Nov. 7 listing.

ETC

Benefit for Coco Hogan. 5 p.m. Mateel Community Center, 59 Rusk Lane, Redway. Dinner is followed by performances by The Hum Bros, Darryl Cherney & Friends, EZ Money and Chris & Pete. Donations accepted. www.mateel.org.

Charity Wine Auction. 2 p.m. Benbow Inn, 445 Lake

Here's a riddle:



What's both a barnyard fungus and a dance troupe so brimming with kinetic energy that it makes audience members feel like they themselves are in motion? Answer: **Pilobolus**. The 30-year-old company's website says it takes its name from the fungus that "propels its spores with extraordinary speed, accuracy and strength." When the curtain comes up on **Thursday, Nov. 13** at the **Van Duzer Theatre** at 8 p.m., it'll all make sense (\$45, \$25 kids, \$10 HSU students).

See the troupe run through moves from tango to circus acrobatics and choreography that goes from fevered drama to cool optical illusions. One number features a prism's worth of Technicolor costumes, while another piece has the dancers in spare, minimalist greys. Dancers stretch, leap and tumble, using props like enormous hoops and simple wooden chairs to transform the stage and their own movements with inventive choreography that will change the way you look at a dining set. The human towers and sculptural shapes they build together make Cirque du Soleil look, well, a little Vegas.

At the show's end, when you're done applauding and you rise creakily from your seat, be kind to your far less flexible self. These people are professionals.

—Jennifer Fumiko Cahill

Benbow Drive, Garberville. A benefit for benefit the Healy Senior Center of Redway. www.benbowinn.com. **Fig Twig Holiday Market.** 10 a.m.-4 p.m. Humboldt County Fairgrounds, 1250 Fifth St., Ferndale. See Nov. 7 listing.

Holiday Craft Fair. 9 a.m.-3 p.m. Humboldt Grange Hall, 5845 Humboldt Hill Road, Eureka. Shop from over 20 local crafters and artisans. Free. www.facebook.com/humboldt.grange. 268-3806.

Women's Peace Vigil. Second Saturday of every month, 12-1 p.m. County Courthouse, 825 Fifth St., Eureka. Dress in warm clothing and bring your own chair. No perfume, please. Free. 269-7044.

9 sunday

DANCE

Afternoon of Dance. 2 p.m. Morris Graves Museum of Art, 636 F St., Eureka. Enjoy dance performances by local dance studios. Featuring the Upper Studio. \$5, \$2, Free for kids. www.humboldtarts.org. 442-0278.

MOVIES

Where the Wild Things Are. 6 p.m. Arcata Theatre Lounge, 1036 G St. The classic kids' book that didn't need to be a movie, but it turned out all right. \$5. www.arcatatheatre.com.

MUSIC

Bayside Grange Music Project. 5-9 p.m. Bayside Grange Hall, 2297 Jacoby Creek Road. From 5-7 p.m. anyone playing an instrument with any ability is invited; 7-9

p.m. people with wind instruments for Bandemonium. Donations. gregg@relevantmusic.org. www.relevantmusic.org/Bayside. 442-0156.

Cindy Moyer. 8-9:30 p.m. Fulkerson Recital Hall, Humboldt State University, Arcata. The violinist talks about and performs selections from J.S. Bach. \$10, \$5. www.HSUMusic.blogspot.com. 826-3928.

EVENTS

Family Game Day. 12-6 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. Bring the family and friends for a day jam-packed with gaming fun. Feel free to bring in your own games. \$3. nugamesonline.com. 497-6358.

FOOD

Food Not Bombs. 5 p.m. Arcata Plaza, Ninth and G streets. Free, hot food for everyone. Mostly vegan and organic and always delicious. Free. 503-828-7421.

Potluck Dinner. 6 p.m. The Logger Bar, 510 Railroad Ave., Blue Lake. Bring a dish to share with friends old and new. Free. www.facebook.com/LoggerBar.

OUTDOORS

Discovering Arcata Bay Cruise. 11 a.m.-12:30 p.m. C Street Market Square, Foot of C Street, Eureka. The Madaket sets out for close encounters with the many creatures that call these waters home. Reservations required. \$20, \$18 seniors and juniors, \$12 for children 4 and older, free for children under 4. 445-1910.

Redwood Region Audubon Society Birding Trip. Second Sunday of every month, 9 a.m. Humboldt Bay National Wildlife Refuge, 1020 Ranch Road, Loleta. This two- to three-hour, leisurely walk is an opportunity for people to learn the common birds of Humboldt. Meet at the Refuge Visitor Center. Free. 822-3613.

ETC

Introductory Bridge. Second Sunday of every month, 1:30 p.m. New and old players are all welcome. Start with a lesson and then play a game. Free for July and August. 499-7790.

Redwood Coast Scrabble Club. 1-5 p.m. Arcata Community Center, 321 Dr. Martin Luther King Jr. Parkway. Tiles, letters and triple-word scores, oh my! 677-9242.

10 monday

DANCE

Friendship Circle Dance. 7-10 p.m. Moose Lodge, 4328 Campton Road, Eureka. Dancing for people in their 50s and older with live music featuring tunes from the 1930s, '40s and '50s. Refreshments are served during break. \$4. 725-5323.

LECTURE

Scholar of the Year. 5-7 p.m. Van Duzer Theatre, Humboldt State University, Arcata. Wildlife Professor Jeffrey Black presents "Citizen Science, Steller Sex and Chasing Geese." Free. tmb419@humboldt.edu. www2.humboldt.edu. 826-3722.

MUSIC

Humboldt Ukulele Group. Second Monday of every month, 5:30 p.m. Arcata Community Center, 321 Dr. Martin Luther King Jr. Parkway. A casual gathering of ukulele strummers who have fun and play together for a couple of hours. Beginners welcome and you won't

remain one long! \$3. dsander1@arcatanet.com. 839-2816.

SPOKEN WORD

Poets on the Plaza. Second Monday of every month, 8 p.m. Plaza View Room, Eighth and H streets, Arcata. Read/performance your original poetry or hear others. \$1.

MEETINGS

Volunteer Orientation. 2:30 p.m. Food for People, 307 W. 14th St., Eureka. Learn to pack and sort food, work with clients, collect donations and cook. panderson@foodforpeople.org.

OUTDOORS

North Coast Parents Marsh Walk. 9-10 a.m. Arcata Marsh and Wildlife Sanctuary, South I Street. Walk with your children through-

out the marsh. This is a no-host event. Meet at the G Street parking lot. Free. northcoastparents@gmail.com.

SPORTS

Giant Screen Football. 4 p.m. Arcata Theatre Lounge, 1036 G St. All ages. Free with \$5 food or beverage purchase. info@arcatatheatre.com. www.arcatatheatre.com.

11 tuesday

EVENTS

HUMBucks Monthly Exchange. Second Tuesday of every month, 5:30-7:30 p.m. Bayside Grange Hall, 2297 Jacoby Creek Road. Event to exchange goods and services using HUMBucks, a non-monetary, local exchange system. jugglerseth@gmail.com. www.baysidegrange.org. 834-9019.

Veteran's Day. 12-3 p.m. Clarke Historical Museum, Third and E streets, Eureka. A casual reception to honor local heroes. Free. www.clarkemuseum.org.

Veterans Day Tribute. 2-3:30 p.m. Fortuna Veterans Hall/Memorial Building, 1426 Main St. Sgt. Matthew Coleman, an Afghanistan veteran, is this year's guest speaker. The tribute honors all veterans with a color guard, patriotic songs and refreshments. Free. admin@fortunasenior.org. 726-9203.

Veterans' Day Observance and Program. 11 a.m.-noon. Adorni Recreation Center, 1011 Waterfront Drive, Eureka. The Rotary Club of Southwest Eureka presents a program featuring decorated USAF pilot Colonel Chuck DeBellevue, Eureka High School Jazz Ensemble, Eureka High School Limited Edition and more. Free. www.swrotary.org. 839-3370.

FOR KIDS

Play Groups. 10-11:30 a.m. Discovery Museum, 501 Third St., Eureka. Kids ages 0-5 and their parents can enjoy circletime, plus free play in the museum. Free. www.discovery-museum.org. 443-9694.

ETC

Board Game Night. 5-9 p.m. NuGames Eureka, 1662 Myrtle Ave. #A. Choose from a large variety of games or bring your own. All ages. Free. www.nugamesonline.com. 497-6358.

Humboldt Cribbage Club. 6:15 p.m. Moose Lodge, 4328 Campton Road, Eureka. Questions? Free Lessons? Call Peggy or Rick. 444-3161.

COMEDY

Savage Henry's Comedy Open Mic Night. Second Tuesday of every month, 9 p.m. The Jambalaya, 915 H St., Arcata. Join us for an evening of local comics, newbies and maybe even you. \$3. joe@savagehenrymagazine.com. 822-4766.

12 wednesday

BOOKS

Jerry Rohde. 7 p.m. Northtown Books, 957 H St., Arcata. Presentation and signing by the historian and author of *Both Sides of the Bluff*. Free.

LECTURE

Salt River Restoration Project. 7 p.m. Sequoia Park Zoo, 3414 W St., Eureka. Doreen Hansen presents as part of the Conservation Lecture Series. Free. www.

continued on next page ►

Honoring Elders



Last year the crowds at the **Intertribal Elder Gathering** hit 4,500 according to the organizers' count. This year is the 33rd annual event, and Native Americans from all over the Northwest are coming together at **Redwood Acres Fairgrounds** on **Saturday, Nov. 8** from **11 a.m. to 7 p.m.** (free).

Over 55? Pull up a chair and join the feast free of charge. A dinner of **roast turkey and local salmon** baked in an open pit awaits elders of all ethnicities. How nice is that? Beats a discount on bus fare. Everyone else can purchase a meal and join in on the community celebration (\$8, \$4 kids, free to kids under 12).

The gathering is also a chance to see traditional Brush, Pow Wow, Aztec, Shake Head, Hoop and Tolowa Honoring dances, as well as hear native singing and drumming. You can also peruse scads and scads of arts and crafts all day long. It's a lesson in living culture and an extended family reunion all in one.

—Jennifer Fumiko Cahill

COME AND SEE HUMBOLDT COUNTY HISTORY

SLIDESHOW AND BOOKSIGNING

WITH JERRY ROHDE

WEDNESDAY NOVEMBER 12 SEVEN PM

NORTHTOWN BOOKS
957 H STREET
ARCATA
707 822 2834



GIANT Rummage Sale

November 8
8 am - 3 pm

1587 Myrtle Ave.
Corner of Hoover & Myrtle
(Directly across from gym)

Flips for Kids Gymnastics Center is hosting a rummage sale for its resident gymnastic team "Redwood Gymnastics." We welcome all of your unwanted treasures. Material or financial donations may be dropped off at Flips for Kids. 445-0450. You may also call Crystal Ford 1-321-557-7192 or Shannon Golightly 599-6242 to make arrangements for a drop off or pick up. Donations need to be received by Nov. 7.

sequoiaparkzoo.net.

MOVIES

Last Woman on Earth. 6 p.m. Arcata Theatre Lounge, 1036 G St. There are three people left on earth and two of them are men. Let's see how this shakes out. Free with \$5 food or beverage purchase. www.arcatatheatre.com.

MUSIC

Miguel Zenón Quartet. 8-10 p.m. Kate Buchanan Room, Humboldt State University, Arcata. The Redwood Jazz Alliance presents the alto saxophonist and his quartet. \$15, \$10 students and seniors. rja@redwoodjazzalliance.org. www.redwoodjazzalliance.org/zenon2014.html. 633-8385.

EVENTS

Bringing it Home. 7:30-9:15 p.m. Native American Forum, Humboldt State University, Arcata. The Humboldt State Women's Resource Center and Hempstead Project Heart present this screening of the documentary. Donations accepted. redwoodhemp@gmail.com. www.bringing-it-homemovie.com.

FOR KIDS

Pokemon and Yu-Gi-Oh! 5:30-7:30 p.m. McKinleyville Library, 1606 Pickett Road. Cards are provided, but bring your own decks, too. NuGames staff is on hand to answer questions. All ages. Free. www.humboldt.gov. 839-4459.

Storytime. 1 p.m. McKinleyville Library, 1606 Pickett Road. Liz Cappiello reads stories to children and their parents. Free.

MEETINGS

Conservation Meeting. Second Wednesday of every month, noon. Golden Harvest Café Arcata, 1062 G St. Participants discuss the Redwood Region Audubon Society's position on pedestrian access to Clam Beach and other conservation issues. Free. www.goldenharvestcafe.com. 445-8311.

COMEDY

Comedy Open Mikey. 9 p.m. Palm Lounge, Eureka Inn, 518 Seventh St. Hosted by Nando Molina with beats by Gabe Pressure. Free. 497-6093.

13 thursday

ART

Figure Drawing Group. 7-9 p.m. Cheri Blackerby Gallery, 272 C St., Eureka. See Nov. 6 listing.

BOOKS

Thursday Afternoon Book Club. Second Thursday of every month, 12-1 p.m. Eureka Main Library, 1313 Third St. Fun and lively discussion group focusing on adult fiction and nonfiction. Call ahead for upcoming titles. Free. www.humlib.org. 269-1905.

DANCE

Pilobolus. 8 p.m. Van Duzer Theatre, Humboldt State University, Arcata. It's more than just a dance troupe, it's an experiment in acrobatics and movement. \$45, \$25 kids, \$10 HSU students.

LECTURE

Bioenergy Talk. 5:30-7 p.m. Behavioral and Social Sciences Building, Humboldt State University, Arcata. Jesse Abrams presents "Importance of Communities of Place to Forest-Based Bioenergy Development" as part of the Sustainable Futures Speaker Series. Free. envcomm1@humboldt.edu. www.humboldt.edu. 826-3653.

MUSIC

The Joanne Rand Band. 7 p.m. Arcata Playhouse,

1251 Ninth St. EPIC benefit featuring psychedelic-folk revival. \$8-15. wildcalifornia.org. www.wildcalifornia.org. 822-7711.

THEATER

Other Desert Cities. 8 p.m. Redwood Curtain Theatre, 220 First St., Eureka. See Nov. 6 listing.

FOR KIDS

Storytime. 10-10:45 a.m. Trinidad Library, 380 Janis Court. See Nov. 6 listing.

MEETINGS

Humboldt Grange 501 Potluck. Second Thursday of every month, 6:30 p.m. Humboldt Grange Hall, 5845 Humboldt Hill Road, Eureka. Grange Women's Auxiliary meets at 6 p.m., potluck at 6:30 p.m., Grange meeting 7:30 p.m. nanettespearschade@gmail.com. www.facebook.com/humboldt.grange. 443-0045.

ETC

Cribbage Group. Every other Thursday, 6-8 p.m. New Wine Church, 1180 Evergreen Road, Redway. Please bring a board, if possible; refreshments will be served. Free. lizcarey333@icloud.com. 497-8281.

Sip and Knit. 6 p.m. NorthCoast Knittery, 320 Second St., Eureka. See Nov. 6 listing.

Heads Up...

The California Department of Fish and Wildlife is accepting entries for the California Upland Game Bird Stamp Art Contest. Entries due Dec. 12. www.wildlife.ca.gov.

The Bayside Grange wants vendors for the Holiday Handmade/Makers' Fair on Dec. 14. 822-9998.

Eureka Symphony needs choristers for the holiday concert on Dec. 5 and Dec. 6. 822-7575.

The Humboldt County Department of Health and Human Services and Grant Elementary School are looking for volunteer crossing guards. 441-5549.

TEDxHumboldtBay is seeking speakers, volunteers and sponsors for the TEDx event in December. www.tedxhumboldtby.com.

Arcata Marsh Interpretive Center seeks artists and photographers for exhibits. 442-5444. ●

Check out the online calendar
 at northcoastjournal.com for
 spiritual and support group
 meetings and events

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your
CALENDAR
EVENTS
ONLINE
northcoastjournal.com
OR BY
E-MAIL
calendar@northcoastjournal.com
PRINT DEADLINE: Noon Thursday,
 the week before publication

FILMLAND

Creep

Sharp noir and forgettable amnesiacs

By John J. Bennett

filmland@northcoastjournal.com

Reviews

NIGHTCRAWLER introduces the viewer to the world of independent Los Angeles news stringers: freelance cameramen with police scanners who prowl the darkened landscape in search of others' misfortune. They live and die by the motto "if it bleeds, it leads." There are, of course, overtones of indictment at work in *Nightcrawler*, both of the desperate media and the brainwashed masses who consume it. I prefer to take the movie on its own terms though, as a taut, well-crafted, character-driven film noir.

Our point of view on this cracked, antic milieu is Lou Bloom (Jake Gyllenhaal), newest to the fold. When we meet Bloom, he's scraping together a living stealing and selling construction and industrial materials. Gaunt, charismatic and ambitious, he's also most likely a sociopath. Unable to get himself hired for any kind of steady, gainful employment — despite his flair for verbose self-promotion — Bloom gets a glimpse of possibility when he happens upon a single car accident on the freeway. He encounters veteran stringer Joe Loder (Bill Paxton), who gives him both the brush-off and the inspiration to go into business for himself. A quick trip to the beach and a pawnshop turns a stolen bicycle into a camcorder and a police scanner. His initial failures are offset enough by his successes to keep the venture afloat. Since Bloom doesn't sleep anyway, he's up all day deciphering police codes, learning the city and advertising for an assistant. He hires Rick (Riz Ahmed): destitute, homeless, perhaps tragically naïve. Simultaneously, he cultivates an exclusive business arrangement with Nina Romina (Rene Russo), news director of the lowest rated station in the area.

Their working relationship flourishes, with Bloom consistently scooping the other stringers, delivering titillating, graphic clips and boosting the station's ratings — at which point he starts to test the limits of his control. He begins to manipulate crime scenes and Romina in service of his own motives, and *Nightcrawler* becomes less of a procedural and more of a downbeat psychological thriller-noir.

The directorial debut of veteran screenwriter Dan Gilroy, the movie is a model of the writer's craft. Bloom's character and intent are revealed gradually, with building intensity. The scenario is plausible, but pleasantly amplified for effect. The images of Los Angeles by night are seedily gorgeous, thanks to rich but restrained work by director of photography Robert Elswit. The shootout/car chase set piece at the movie's climax is thrillingly staged and shot. The whole thing hinges on the lead performance, though, and Gyllenhaal gives a riveting one. As usual, he finds the bizarre honesty within Bloom's pathos, creating a character who feels sadly, frighteningly real.

Because we receive our information through Bloom, some of the action takes place at one remove, which undercuts the visceral thrill. The final result may feel a little unsatisfying as a result. Overall, though, the movie is well crafted enough and the lead performance is so compelling that such a minor complaint feels almost like nitpicking. R. 117m.

BEFORE I GO TO SLEEP, while loaded with formidable acting talent, is so dull, so reliant on an "a-ha" moment its twist ending can't hope to deliver, that I cannot recommend it.

Nicole Kidman plays Christine Lucas who, in the wake of traumatic brain injury, has selectively lost her memory. That



STILL BEATS WORKING FOR TMZ.

is, she wakes up every morning with no memory of her life after her early 20s. Her husband, Ben (Colin Firth), helps fill the gaps each day, only to start again the next morning. She's being treated, unbeknownst to Ben, by a mysterious Dr. Nasch (Mark Strong). The narrative consists of Christine very gradually reconstructing the events of her life leading up to her injury.

Writer-director Rowan Joffe, adapting S.J. Watson's novel, takes a slow-burn approach to the material that is, at first, pleasantly deliberate and off-putting. As Christine starts to get her foot in the door of her consciousness, though, Joffe starts to rush toward the finish. The movie loses whatever atmosphere and momentum it had gathered. The cast probably had a good time making the thing, and more power to them, but it didn't result in anything worth seeing. R. 92m.

—John J. Bennett

Previews

BIG HERO 6. A boy scientist (Ryan Potter) and his puffed up robot (Scott Adsit) take on a masked villain to save San Fransokyo in this Disney-animated Marvel comic adaptation. PG. 108m.

THE BLUE ROOM. An adulterous relationship gets weird and maybe lethal in this French film based on a Georges Simenon novel. Mathieu Amalric stars and directs. R. 76m.

INTERSTELLAR. Matthew McConaughey and Anne Hathaway play

astronauts leaving their families to travel through a wormhole in search of a new home for humanity. PG13. 169m.

Continuing

ALEXANDER AND THE TERRIBLE, HORRIBLE, NO GOOD, VERY BAD DAY. A luckless kid helps his family through their own comic rough patch. With Steve Carell and Jennifer Garner. PG. 81m.

THE BOOK OF LIFE. Zoe Saldana, Diego Luna and Channing Tatum voice a Dia de los Muertos-themed, animated adventure with a story that's not as rich as its visuals. PG13. 118m.

THE EQUALIZER. R. Denzel Washington plays a trained killer out of retirement to champion a working girl in this pacey, atmospheric and inventive action movie. 132m.

FURY. Director David Ayer's drama about the simple evil of war and the complex team of men who fight is his finest work to date, and one of the best films of the year. Starring Brad Pitt. R. 134m.

GONE GIRL. An engaging, entertaining and tightly controlled thriller with a fine ensemble cast and standout performances from Ben Affleck and Rosamund Pike. R. 149m.

JOHN WICK. Keanu Reeves is the eponymous badass at war with his former bosses after thugs kill his dog. A fine, stylish action film with brilliant fight choreography and stunt work. R. 101m.

THE JUDGE. A flashy lawyer defends his estranged father, a small-town judge,

in a murder trial. On-the-nose seriousness and sentimentality undermine solid work by Robert Downey Jr. and Robert Duvall. R. 142m.

THE MAZE RUNNER. A tightly paced sci-fi/horror flick for the tween set that loses the thrill in the end. Spoiler: There's no cheese. PG13. 113m.

OUIJA. It's going to be super disappointing if we find out somebody was pushing it. PG13. 90m.

ST. VINCENT. Bill Murray plays a grumpy neighbor turned mentor to a young boy (Jaeden Lieberher) in this sweet, well-observed story. Strong lead performances are worth the price of admission. PG13. 103m.

—Jennifer Fumiko Cahill



MOVIES

Nov. 7 - Nov. 12

Fri Nov 7 Ocean Night Film Screening, Doors @ 6:30 PM, All ages, \$3 donation, Free for OC, Surfrider, & Baykeeper members/children 10 & under.

Sat Nov 8 Boombox, Doors @ 9:30 PM, \$15 lim adv tix @ <http://www.arcatatheatre.com/>, \$20 adv tix @ Wildberries/People's Records/The Works, 21+.

Sun Nov 9 Where the Wild Things Are (2009), Doors @ 5:30 PM, Movie @ 6 PM, Film is \$5, Rated PG.

Wed Nov 12 Sci Fi Night ft. Last Woman on Earth (1960), Doors @ 6 p.m. All ages, Free w/\$5 food & bev purchase.

Arcata Theatre Lounge
arcatatheatre.com • 822-1220 • 1036 G St.

Movie Times

Film times reflect the most current listings as of Tuesday afternoon. As schedules at individual theaters sometimes change, we recommend calling ahead to avoid any inconvenience.

Broadway Cinema

1223 Broadway St., Eureka, (707) 443-3456

Alexander and the Terrible, Horrible, No Good, Very Bad Day	
Fri-Thur: (1:40, 3:50), 6	
Big Hero 6	Fri-Thur: (12, 2:45), 5:30, 8:10
Big Hero 6 3D	Fri-Thur: (12:45, 3:30), 6:15, 8:55
The Book of Life	Fri-Thur: (12:50, 3:15), 5:40
The Equalizer	Fri-Thur: (3:10), 9:15
Fury	Fri-Thur: (2:25), 5:35, 8:40
Gone Girl	Fri-Thur: (12), 6:05
Interstellar	Fri-Thur: (12:10, 1:05, 3:55, 4:50), 7:40, 8:30
John Wick	Fri-Thur: (1:30, 4), 6:30, 9:05
The Judge	Fri-Thur: 8:20
The Maze Runner	Fri-Wed: 8
Nightcrawler	Fri-Thur: (1, 3:45), 6:35, 9:20
Ouija	Fri-Thur: (1:55, 4:45), 7:10, 9:30
St. Vincent	Fri-Thur: (12:55, 3:35), 6:10, 8:45

Mill Creek Cinema

1575 Betty Court, McKinleyville, (707) 839-2222

Alexander and the Terrible, Horrible, No Good, Very Bad Day	
Fri-Thur: (4:30)	
Before I Go to Sleep	
Fri-Thur: 9:10	
Big Hero 6	Fri-Tue: (12, 2:45), 5:30, 8:10; Wed-Thu: (2:45), 5:30, 8:10
Big Hero 6 3D	Fri-Tue: (12:45, 3:30), 6:15, 8:55; Wed-Thu: (3:30), 6:15, 8:55
The Book of Life	Fri-Tue: (2), 6:45; Wed-Thu: 6:45
Interstellar	Fri-Tue: (12:10, 1:05, 3:55, 4:50), 7:40, 8:30; Wed-Thu: (3:55, 4:50), 7:40, 8:30
Nightcrawler	Fri-Tue: (1, 3:45), 6:35, 9:20; Wed-Thu: (3:45), 6:35, 9:20
Ouija	Fri-Tue: (12, 2:20, 4:40), 7, 9:30; Wed-Thu: (4:40), 7, 9:30
St. Vincent	Fri-Tue: (12:35, 3:10), 5:45, 8:20; Wed-Thu: (3:10), 5:45, 8:20

Minor Theatre

1001 H St., Arcata, (707) 822-3456

The Blue Room (La Chambre bleue)	
Fri: (3), 5:05, 7:10, 9:15; Sat-Sun: (12:55, 3), 5:05, 7:10, 9:15; Mon: (3), 5:05, 7:10, 9:15; Tue: (12:55, 3), 5:05, 7:10, 9:15; Wed-Thu: (3), 5:05, 7:10, 9:15	
Interstellar	Fri: (4:20), 8; Sat-Sun: (12:45, 4:20), 8; Mon: (4:20), 8; Tue: (12:45, 4:20), 8; Wed-Thu: (4:20), 8
St. Vincent	Fri: (3:50), 6:25, 9; Sat-Sun: (1:20, 3:50), 5:45, 6:25, 9; Mon: (3:50), 6:25, 9; Tue: (1:20, 3:50), 5:45, 6:25, 9; Wed-Thu: (3:50), 6:25, 9

Fortuna Theatre

1241 Main St., (707) 725-2121

Big Hero 6	
Fri: (3:50, 4:50), 6:35, 7:35, 9:10; Sat: (12:10, 1:10, 3:50, 4:50), 6:35, 7:35, 9:10; Sun: (12:10, 1:10, 3:50, 4:50), 6:35, 7:35; Mon: (3:50, 4:50), 6:35, 7:35; Tue: (12:10, 1:10, 3:50, 4:50), 6:35, 7:35; Wed-Thu: (3:50, 4:50), 6:35, 7:35	
The Book of Life	
Fri: (5), 7:25, 9:50; Sat: (12:15, 2:35, 5), 7:25, 9:50; Sun: (12:15, 2:35, 5), 7:25; Mon: (5), 7:25; Tue: (12:15, 2:35, 5), 7:25; Wed: (5), 7:25; Thu: (5)	
Fury	
Fri: (3:30), 6:30, 9:30; Sat: (12:20, 3:30), 6:30, 9:30; Sun: (12:20, 3:30), 6:30; Mon: (3:30), 6:30; Tue: (12:20, 3:30), 6:30; Wed-Thu: (3:30), 6:30	
Interstellar	
Fri: (3:30), 6:15, 7:15; Sat-Sun: (12, 2:30, 3:30), 6:15, 7:15; Mon: (3:30), 6:15, 7:15; Tue: (12, 2:30, 3:30), 6:15, 7:15; Wed-Thu: (3:30), 6:15, 7:15	

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Many classes require pre-registration.

Arts & Crafts

SOULCOLLAGE® STUDIO. 2nd Fri. Nov. 14, Dec. 12, 6:30 p.m. – 9 p.m. Drop-in; \$30/session. All materials provided; no experience w/SC necessary, but welcome. Facilitated by Janet G. Patterson, PhD. Call or email to reserve space and for directions to studio in Freshwater. 442-7125, janetgpatterson@yahoo.com. (AC-1113)

Communication

INTELLIGENT LIFE ON OTHER PLANETS EXPLORED AT LIFETREE CAFÉ. Whether intelligent life exists in other places in the universe, and what the search for that life is revealing, will be discussed on Sun., Nov. 9, 7 p.m. The program, titled "We're Not Alone?" features a filmed interview with Dr. Seth Shostak, senior astronomer at the SETI Institute and author of Confessions of an Alien Hunter: A Scientist's Search for Extraterrestrial Intelligence. Participants in the Lifetree program will have an opportunity to share their thoughts and experiences related to the topic. Admission free. Coffee and snacks. Located on the corner of Union and 13th St., Arcata. Lifetree is a Conversation Café. Contact Bob at (707) 672-2919 or bodbipert@hotmail.com

Computer

BEGINNING EXCEL MS OFFICE 2013 FOR THE WORKPLACE. Nov. 11, 12, & 13 5:30 p.m. – 8:30 p.m. Fee: \$60. Course is designed to provide the basic computer skills for survival in today's technology-laden workplace. Call (707) 476-4500 to register (CMP-1106)

BEGINNING WORD 2013. Dec. 2, 3 & 4, 2014, 5:30-8:30 p.m., Fee: \$85 Learning Microsoft Office 2013's WORD Program, or expanding current skills with the program, opens the door of technology opportunity. Word skills can be used in other programs such as Open Office, older versions of Microsoft Office, and Google Documents. Call 476-4500 to register (CMP-1106)

INTERMEDIATE EXCEL MS OFFICE 2013 FOR THE WORKPLACE. Nov. 17 – 21, M-F 5:30-8:30 p.m., Fee: \$95. Explore how to work with multiple worksheets, build self-updating tables, embed custom formulas and commands, create meaningful charts, and use a pivot table. An excellent class for prospective math & science majors too! Call 476-4500 to register (CMP-1106)

INTERMEDIATE WORD 2013. Dec. 10, 11 & 12, 2014, 5:30 – 8:30 p.m., Fee: \$85 Create stunning professional presentations, the basics of mail merge, how to competently design a multipage project in Word, the conquering of headers & footers, pagination, and track-changes; plus an overview of the flexibility of using Microsoft Office with other software options including Google Docs. Call 476-4500 to register (CMP-1106)



INTRO TO VECTOR IMAGE ILLUSTRATION. Learn to utilize the crisp line capacities of vector illustration, used extensively for logos, ads, posters, and web images. Hands-on exercises include drawing and editing digital vector images with the pen tools, converting text to art, auto-tracing photos and more, using Adobe Illustrator CS6 and Bridge CS6. With Annie Reid. Tues./Thurs., Nov. 18–Dec. 4, 6:30-8:30 p.m. Fee: \$145. Call HSU College of eLearning and Extended Education to register by Nov. 14: 826-3731 or visit www.humboldt.edu/extended. (CMP-1106)

Dance/Music/Theater/Film

DANCE WITH DEBBIE. Take advantage of our December Holiday special: \$30/person/month. Tuesdays = East Coast Swing. Thursdays = Foxtrot. Beginners 7-8 p.m., Interm. 8-9 p.m., We give private lessons, too. (707) 464-3638, debbie@dancewithdebbie.biz (DMT-0129)

MUSIC LESSONS. Piano, Guitar, Voice, Flute, etc. Piano tuning, Instrument repair. Digital multi-track recording. (707) 476-9239. (DMT-1127)

REDWOOD RAKS WORLD DANCE STUDIO, ARCATA. West African, Belly Dance, Tango, Salsa, Swing, Breakdance, Jazz, Tap, Modern, Zumba, Hula, Congolese, more! Kids and Adults, 616-6876. (DMT-1225)

STEEL DRUM CLASSES. Weekly Beginning Class: Fri's., 11:30 a.m.-12:30 p.m., \$50. Beg/Int, continuing students: Mon's., 7-8 p.m. Pan Arts Network 1049 Samoa Blvd. Suite C. Call (707) 407-8998. panartsnetwork.com (DMT-0129)

Fitness

DANCE-FIT. Dance, aerobics & strength training all in one class! Mon., Wed. & Fri. 9-10 a.m. First class is free. Drop in for \$5 per class or 14 classes for \$55. No Limits tap & jazz studio, corner of 10th & K st. Arcata. 825-0922. (F-0129)

NORTH COAST FENCING ACADEMY. Fencing (with swords!). Improve your mind and body in a fun, intense workout, and a very chill environment. Ages 8 and up. 1459 M St., Arcata. Contact Justin (707) 601-1657 text or phone, or email northcoastfencingacademy@gmail.com (F-0129)

SUN YI'S ACADEMY OF TAE KWON DO. Classes for kids and adults, child care, fitness gym, and more. Tae Kwon Do Mon-Fri 5-6 p.m., 6-7 p.m., Sat 10-11 a.m. Come watch or join a class, 1215 Giuntoli Lane, or visit www.sunyisarcata.com, 825-0182. (F-1225)

UPPER BACK NECK AND SHOULDERS YOGA THERAPY WORKSHOP. With Robyn Smith, Sat., Nov. 15, 1-3:15 p.m. Learn simple techniques to relieve pain and tension. \$25 paid by Nov. 12, \$30 after. 890 G St., Arcata. (707) 440-2111. www.innerfreedomyoga.com. (F-1106)

YOGA SPECIALS! Haven't been to Inner Freedom Yoga (IFY) for over 3 months or New to IFY? Take advantage of a 10-class pack for only \$85. Available through Nov. 30, Expires Feb. 28, 890 G St., Arcata. 440-2111. www.innerfreedomyoga.com

ZUMBA WITH ANN! Zumba Fitness, Mon., Arcata Vets Hall; Zumba Toning (light weights provided). Thurs., Redwood Raks Dance Studio, both classes 5:30-6:30 p.m., \$6, drop-in, everyone welcomed & no membership req.! Punch cards avail. Ann has over 20 yrs. dance/fitness instr. Questions call Ann (707) 845-1055, annyoumans.zumba.com (F-1120)

ZUMBA WITH MARLA JOY. Elevate, Motivate, Celebrate another day of living. Exercise in Disguise. Now is the time to start, don't wait. All ability levels are welcome. Every Mon. and Thurs. at Bayside Grange 6-7 p.m., 2297 Jacoby Creek Rd. \$6/\$4 Grange members. (707) 845-4307 marlajoy.zumba.com (F-1120)

Holidays

HOLIDAY SEASON ORNAMENTS. With Joele Williams. Two workshops. Arts Arcata Night, Fri., Nov. 14, 6-8 p.m., or Sat., Nov. 22, 10 a.m.-noon. Make trees, Santa hats, reindeer or trees. Start an annual tradition and bring the family! Create 3 ornaments ready for hanging. Materials included. Fire Arts Center, 520 South G St., Arcata (707) 826-1445. www.fireartsarcata.com (AC-1113)

Kids & Teens

DANCE SCENE STUDIOS. Excellent instruction in Ballet, Creative Dance, Hip Hop, Belly Dance, Pilates, Jazz, Adult Ballet, Senior Ballet. 1011 H St., Eureka. www.DanceEureka.com (707) 502-2188. (K-0101)

JOIN THE JUNIOR CREW TEAM! Meets Mon.-Fri. Ages 11 and up. For more information call Head Coach Scott Gibson at (707) 845-4752. Humboldt Bay Rowing Association, www.hbra.org. (K-1204)

YOUTH CERAMICS SERIES. Cup and bowl making, wheel, slab and coil. Nov. 4, 11, 18. 3:30 – 5:30 p.m., Arcata Community Center. Ages 9-13. \$45/\$55 for series or \$20 drop-in fee per class (707) 822-7091 rec@cityofarcata.org rec.cityofarcata.org

50 and Better

OSHER LIFELONG LEARNING INSTITUTE (OLLI). Offers dynamic classes for people age 50 and over. Call 826-5880 or visit www.humboldt.edu/olli to register for classes (O-1225)

APPRECIATING TODAY'S POETRY III: THE POET'S PATH. This class invites readers who want to more deeply appreciate contemporary poets, and offers an opportunity for writers seeking to strengthen their unique voice. With Pat McCutcheon. Wed's., Nov. 12-Dec. 10 (no class Nov. 26), 3-5 p.m. OLLI Members \$65/non-members \$90. OLLI: 826-5880, www.humboldt.edu/olli. (O-1106)

FREE MEDICARE PART D DROP IN CLINIC. Offered by Area 1 Agency on Aging. Bring your Medications and Medicare Card to 434 7th St., Eureka, and a HICAP Counselor will help you figure out which Part D plan will best meet your needs for 2015. Annual Enrollment Period Oct. 15-Dec. 7. Clinic Dates: Oct. 25, Nov. 15, Dec. 6. 9 a.m.-1 p.m. Call AIAA at 444-3000 with questions. (O-1205)

INTRODUCING BOTH SIDES OF THE BLUFF. Join author Jerry Rohde for a sneak peek of his new book, Both Sides of the Bluff, which details community biographies from the area between Scotia and Fields Landing. With Jerry and Gisela Rohde. Sat., Nov. 15, 1-3 p.m. OLLI Members \$30/non-members \$55. OLLI: 826-5880, www.humboldt.edu/olli. (O-1106)

Spiritual

ARCATA ZEN GROUP MEDITATION. ARCATA: **We've Moved! Sun's., 7:55 a.m. meditation is now at Trillium Dance Studio**, 855 8th St (between the Post Office and Rita's Restaurant). Dharma talks are offered twice a month. For more information call 826-1701 or visit arcatazengroup.org. EUREKA: Wed's., 5:55 p.m., First Methodist Church, enter single story building between F & G on Sonoma St, room 12. For more information call 845-8399 or visit barryevans9@yahoo.com. Beginners welcome. (S-1225)

EUREKA MINDFULNESS MEDITATION GROUP. 1st & 3rd Sun's 10 a.m.-noon. All faiths welcome. Easy to learn; helps body and mind! Free-will donation. Wheelchair access. No perfume. 730 K, Eureka. 269-7044. (S-1106)

HUMBOLDT UNITARIAN UNIVERSALIST FELLOWSHIP. We are a diverse congregation welcoming all people. Our mission is to promote personal and spiritual growth as well as a peaceful, sustainable, and socially just world. Come see for yourself on a Sun. morning. 9 a.m. meetings include child care. Children's & teen's Religious Education classes are available during our 11 a.m. meetings. 24 Fellowship Way, off Jacoby Creek Rd., Bayside. (707) 822-3793, www.huuf.org. (S-0129)

KDK ARCATA BUDDHIST GROUP. Under the direction of Lama Lodru Rinpoche. We practice Tibetan meditation, followed by discussion. All are welcome. For more info contact Lama Nyugu (707) 442-7068, Fierro_roman@yahoo.com. Sun's., 6 p.m. Community Yoga Center 890 G St, Arcata. Our webpage is www.kdkarcatagroup.org (S-0126)

KIRTAN: DEVONIONAL SINGING. With Prema Mayi & Shemaia Skywater at Om Shala Yoga. Sat., Nov. 8, starts at 7 p.m. Kirtan is the name for Hindu devotional chanting of ancient Sanskrit prayers. \$10-20 sliding scale. 858 10th St., Arcata. 825-YOGA (9642) www.omshalayoga.com. (S-1106)

TAROT AS AN EVOLUTIONARY PATH. Classes in Eureka, and Arcata. Private mentorships, readings. Carolyn Ayres. 442-4240 www.tarotofbecoming.com (S-1030)

MINDFULNESS MEDITATION. Mon's at Community Yoga Center, 890 G St., Arcata, 4 p.m.-5:10 p.m. Wed's at Essential Elements, 1639 Central Ave, McKinleyville, 4 p.m.-5 p.m. \$5-\$10 sliding scale. No sign-up necessary, drop-in anytime. Heidi Bourne, (707) 498-5562 mondaymindfulness.blogspot.com

SPIRIT TALK WITH REV. DIANE. All are welcome to join Rev. Diane Decker, Minister of Religious Science, for Science of Mind Spiritual Discussion, Meditation and Affirmative Prayer. Gathering every Mon. 7 p.m.-8 p.m., Isis Suite 48, Sunny Brae Center. Donations welcome. (707) 502-9217 (S-0129)

WOMEN'S SOUL CIRCLE. With Peggy Profant & Jodie DiMinno. At Om Shala Yoga. Sat., Nov. 15, 6-10 p.m. Treat yourself to an evening of nurturing with yoga, sauna, singing, sharing and more! Open to all women. \$10-\$40 sliding scale. 858 10th St., Arcata. 825-9642, www.omshalayoga.com. (S-1113)

Therapy & Support

ALCOHOLICS ANONYMOUS. We can help 24/7, call toll free 1-844-442-0711. (T-1127)

FREE DEPRESSION SUPPORT GROUP. Walk-in support group for anyone suffering from depression. Meet Mon's 6:30 p.m.-7:45 p.m., at the Church of the Joyful Healer, McKinleyville. Questions? Call (707) 839-5691. (TS-0129)

SEX/ PORN DAMAGING YOUR LIFE & RELATIONSHIPS? Confidential help is available. 825-0920, saahumboldt@yahoo.com or (TS-0129)

SMOKING POT? WANT TO STOP?
www.marijuana-anonymous.org (T-0228)

Vocational

BEST PRACTICES IN MANAGEMENT: POWERFUL CONVERSATIONS. Any conversation has the potential to change a career, an organization, a relationship, or a life. Learn to provoke learning, tackle difficult people and tough challenges, and to enrich personal and professional relationships. We will practice necessary and tough conversations. With Janet Ruprecht. Fri., Nov. 21, 8:30 a.m.-12:30 p.m. Fee: \$95 (includes materials). Call HSU College of eLearning and Extended Education to register by Nov. 13: 826-3731 or visit www.humboldt.edu/extended. (V-1113)

NOTARY TRAINING. This one-day seminar for new and renewing notaries provides the practical training needed to pass the comprehensive exam required for all California Notaries. Mon., Nov. 24, 8:30 a.m.-4 p.m. (exam follows at 4 p.m.) Fee: \$149 plus additional for live scan, photo and exam. With James Negrete. Call HSU College of eLearning & Extended Education to register by Oct. 31: 826-3731 or visit www.humboldt.edu/extended/notary. (V-1106)

SERFSAFE CERTIFICATE. Nov. 18, Tues. 8:30 a.m.-5pm., Fee: \$175 This comprehensive one-day workshop assists restaurants and other food handling businesses in complying with AB 1978/Campbell. Fees include textbook, food safety and sanitation instruction, demonstrations and certification examination fee. Register with adequate time to read the textbook before attending class. Call 476-4500 to register (V-1106)

THE ROOTS OF YOGA. With Stephen Jenkins. Come learn the history of yoga at Om Shala Yoga. Sun., Nov. 9, 2-4pm. \$15 if paid by Nov. 4, \$20 after. Class size limited so sign up early. 858 10th St., Arcata. 825-YOGA (9642), www.omshalayoga.com (V-1106)

Wellness & Bodywork

DANDELION HERBAL CENTER. Classes with Jane Bothwell. Beginning with Herbs, Jan. 14-March 11, 2015, 8 Wed. evenings. Learn medicine making, herbal first aid, and herbs for common imbalances. 10 Month Herbal Studies Program, Feb.-Nov. 2015, meets one weekend per month with several field trips. Learn in-depth material medica, therapeutics, flower essences, wild foods, formulations and harvesting. Plant Lovers Journey to Costa Rica with Jane Bothwell & Rosemary Gladstar, March 19-28, 2015. Let us guide you through the unsurpassed beauty and wondrous diversity of Costa Rica! Medical Cannabis Conference, April 25-26, 2015. Presenters are international, national and local experts that will utilize substantiated research and experience to advance your knowledge base on Cannabis to the next level. Register online www.dandelionherb.com or call (707) 442-8157. (W-1218)

JIN SHIN JYUTSU WITH DENNY DORSETT RN. Gentle, ancient, hands-on help for body and mind. \$5 lecture/demonstrations to benefit the Breast and GYN Health Project. Thurs., Oct. 16 & Nov. 20, 6:30 p.m.-8:30 p.m. At Arcata Wellness Center, 735 12th St., Arcata. No pre-registration. Door prize is a free private session. For info. call (707) 825-0824. (W-1120)

START YOUR CAREER IN MASSAGE THERAPY. Now enrolling. Daytime classes start September 2, at Arcata School of Massage. 650-Hour Therapeutic Massage Certification in California, and the National Exam. Our comprehensive program prepares your body, mind and heart to become a caring, confident professional massage therapist. Call 822-5223 for information or visit arcatamassage.com (W-0129)

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legal NOTICES

LEGAL NOTICES
CONTINUED ON NEXT PAGE

AMENDED NOTICE OF PETITION TO ADMINISTER ESTATE OF KEVIN LEE BRUNSON, AKA KEVIN L. BRUNSON, AKA KEVIN BRUNSON CASE NO. PR140261

To all heirs, beneficiaries, creditors, contingent creditors and persons who may otherwise be interested in the will or estate, or both, KEVIN LEE BRUNSON, aka KEVIN L. BRUNSON, aka KEVIN BRUNSON A PETITION FOR PROBATE has been filed by RONALD BRUNSON AND NANCY A. BRUNSON In the Superior Court of California, County of Humboldt. THE PETITION FOR PROBATE requests that NANCY A. BRUNSON be appointed as personal representative to administer the estate of the decedent.

THE PETITION requests the decedent's will and codicils, if any, be admitted to probate. The will and any codicils are available for examination in the file kept by court. THE PETITION requests authority to administer the estate under the Independent Administration of Estates Act. (This authority will allow the personal representative to take many actions without obtaining court approval. Before taking certain very important actions, however, the personal representative will be required to give notice to interested persons unless they have waived notice or consented to the proposed action.) The independent administration authority will be granted unless an interested person files an objection to the petition and shows good cause why the court should not grant the authority.

A HEARING on the petition will be held on December 4, 2014 at 2:00 p.m. at the Superior Court of California, County of Humboldt, 825 Fifth Street, Eureka, in Dept. 8. IF YOU OBJECT to the granting of the petition, you should appear at the hearing and state your objections or file written objections with the court before the hearing. Your appearance may be in person or by your attorney.

IF YOU ARE A CREDITOR or a contingent creditor of the decedent, you must file your claim with the court and mail a copy to the personal representative appointed by the court within the later of either (1) four months from the date of first issuance of letters to a general personal representative, as defined in section 58(b) of the California Probate Code, or (2) 60 days from the date of mailing or personal delivery to you of a notice under section 9052 of the California Probate Code. Other California statutes and legal authority may affect your rights as a creditor. You may want to consult with an attorney knowledgeable in California law.

YOU MAY EXAMINE the file kept by

the court. If you are a person interested in the estate, you may file with the court a Request for Special Notice (form DE-154) of the filing of an inventory and appraisal of estate assets or of any petition or account as provided in Probate Code section 1250. A Request for Special Notice form is available from the court clerk.

ATTORNEY FOR PETITIONER:
Bradford C. Floyd, SBN #136459
Law Office of Bradford C. Floyd.
819 Seventh Street
Eureka, CA. 95501
(707) 445-9754
October 30, 2014
SUPERIOR COURT OF CALIFORNIA
COUNTY OF HUMBOLDT

11/6, 11/13, 11/20/2014 (14-318)

NOTICE OF TRUSTEE'S SALE. APN 222-156-017.

YOU ARE IN DEFAULT UNDER A DEED OF TRUST DATED SEPTEMBER 28, 2011. UNLESS YOU TAKE ACTION TO PROTECT YOUR PROPERTY, IT MAY BE SOLD AT A PUBLIC SALE. IF YOU NEED AN EXPLANATION OF THE NATURE OF THE PROCEEDING AGAINST YOU, YOU SHOULD CONTACT A LAWYER. A public auction sale to the highest bidder for cash, a cashier's check drawn on a state or national bank, a check drawn by a state or federal credit union, or a check drawn by a state or federal savings and loan association, or savings association, or savings bank specified in §5102 of the California Financial Code and authorized to do business in this state, will be held by the duly appointed trustee, or his duly appointed representative. The sale will be made without covenant or warranty, expressed or implied, regarding title, possession, or encumbrances, to satisfy the obligation secured by said deed of trust.

The undersigned Trustee disclaims any liability for any incorrectness in the property address or other common designation shown herein. Trustor: DAN C. DOBBS, a single man. Deed of Trust recorded September 28, 2011, as Instrument No. 2011-20137-7, of official records of Humboldt County, California. Date of Sale: November 14, 2014, at 10:00 a.m. (TEN A.M.) Place of Sale: At the front entrance to the county courthouse, 825 5th Street, Eureka, California.

The purported property address of the subject real property is 575 Connick Creek Rd., Garberville, CA 95542. Assessor's Parcel Number 222-156-017. Said real property is more fully described in Exhibit "A" to the Notice of Default recorded June 30, 2014 as Document No. 2014-011411-5, Humboldt County Records. The total amount of the unpaid balance of the obligation secured by the property to be sold, and reasonable costs expenses, and advances, at the time of the initial publication of the notice of sale is

\$270,523.16.

The Beneficiary may instruct the Trustee to make a credit bid on behalf of the Beneficiary for less than the amount owing, or to accept an initial cash bid for less than the amount owing. If the sale is set aside for any reason, the purchaser shall be entitled only to a refund of the deposit paid, plus interest. The purchaser shall have no further recourse against the Trustor, the Beneficiary, or the Trustee.

NOTICE TO POTENTIAL BIDDERS: If you are considering bidding on the real property offered for sale, you should understand that there are risks in bidding at a trustee auction. Placing the highest bid at a trustee auction does not automatically entitle you to free and clear ownership of the property. If you are the highest bidder at the sale, and there are senior liens affecting the property, you are or may be responsible for paying all senior liens before receiving clear title to the property. For the present sale, the Trustee believes that there is at least one senior lien. Prospective bidders must do their own research. You are encouraged to investigate the existence, priority, and size of existing liens affecting the property by contacting the county recorder's office or a title company, either of which may charge you a fee for this information.

NOTICE TO PROPERTY OWNER: The sale date shown on this notice may be postponed one or more times by the Mortgagee, Beneficiary, Trustee, or a court, pursuant to section 2924g of the California Civil Code. If you wish to learn whether the sale date has been postponed and, if applicable, the date, time, and place of the continued sale, you may call the Trustee at (415) 279-7397 or send an email to georgewynns@gmail.com. Information about postponements that are very short in duration or occur close to the sale may not be immediately available by telephone or email. The best way to verify postponement is to attend the scheduled sale. Dated: October 17, 2014. George S. Wynns, 124 Brewster Street, San Francisco, CA 94110, (415) 279-7397, georgewynns@gmail.com, Trustee for the Beneficiary.

10/23, 10/30, 11/6/2014 (14-305)

PUBLIC SALE

NOTICE IS HEREBY GIVEN that the undersigned intends to sell the personal property described below to enforce a lien imposed on said property pursuant to Sections 21700-21716 of the Business & Professions Code, Section 2328 of the UCC, Section 535 of the Penal Code and provisions of the civil Code.

The undersigned will sell at public sale by competitive bidding on the 19th of November, 2014, at 9:00 AM, on the premises where said prop-

Continued from previous page.

erty has been stored and which are located at Rainbow Self Storage, at 4055 Broadway Eureka, Ca, County of Humboldt the following:

- Jennifer Lenihan, Unit # 5013
- Anthony Pratt, Unit # 5037
- Margaret Holverson, Unit # 5067
- Crystal Dockstader, Unit # 5241
- Christina Eichhorst, Unit # 5258

The following units are located at 639 W. Clark Street Eureka, Ca, County of Humboldt and will be sold immediately following the sale of the above units.

- Ashley Stogner, Unit # 2216
- Pat Daskquith, Unit # 2306

The following units are located at 3618 Jacobs Avenue Eureka, Ca, County of Humboldt and will be sold immediately following the sale of the above units.

- Johnathan Bonham, Unit # 1124 (Held in Co. Unit)

- Inga Short, Unit # 1187
- Barbara Bareilles, Unit # 1364
- William Barnhart, Unit # 1380
- Brittany Gomez Serrano, Unit # 1570

- Jeremy Voris, Unit # 1575
- Calandra Laird, Unit # 1724

The following units are located at 105 Indianola Eureka, Ca, County of Humboldt and will be sold immediately following the sale of the above units.

- Richard Lane, Unit # 162
- Bradley Hooper, Unit # 237
- Lori Cowan, Unit # 270
- Joshua Redner, Unit # 274
- Esparanza Fernandez, Unit # 457 (Held in Co. Unit)

- Colette Stolberg, Unit # 476

Items to be sold include, but are not limited to:

Household furniture, office equipment, household appliances, exercise equipment, TVs, VCR, microwave, bikes, books, misc. tools, misc. camping equipment, misc. stereo equip. misc. yard tools, misc. sports equipment, misc. kids toys, misc. fishing gear, misc. computer components, and misc. boxes and bags contents unknown.

Purchases must be paid for at the time of the sale in cash only.

Anyone interested in attending the auction must sign in at 4055 Broadway Eureka CA. prior to 9:00 A.M. on the day of the auction, no exceptions. All purchase items sold as is, where is and must be removed at time of sale. Sale is subject to cancellation in the event of settlement between owner and obligated party. Auctioneer: Rainbow Self-Storage, (707) 443-1451, Bond # 40083246.

Dated this 6th day of November, 2014 and 13th day of November, 2014

11/6, 11/13/2014 (14-319)

FBN statements: \$55
442-1400

STATE OF WISCONSIN
CIRCUIT COURT
DUNN COUNTY

FORECLOSURE
CASE CODE #30404
CASE NO. 14-CV-194
WELLS FARGO BANK, N.A.
Plaintiff
vs.
DONALD J. GEISDORF, et al.
Defendants.

THE STATE OF WISCONSIN.
TO: SUSAN A. GEISDORF
5463 Noe Avenue
Eureka, California 95503
You are hereby notified that the Plaintiff named above has filed a lawsuit or other legal action against you. The Complaint, which is also served on you, states the nature and basis of the legal action.

Within forty (40) days after October 30, 2014, you must respond with a written answer, as that term is used in Chapter 802 of the Wisconsin Statutes, to the Complaint. The Court may reject or disregard an answer that does not follow the requirements of the statutes. The answer must be sent or delivered to the Clerk of Court, whose address is Dunn County Judicial Center, 615 Stokke Parkway, Suite 1500, Menomonie, WI, 54751 and to Kohner, Mann & Kailas, S.C., Plaintiff's attorneys, whose address is 4650 N. Port Washington Road, Milwaukee, Wisconsin 53212-1059. You may have an attorney help or represent you.

If you do not provide a proper answer within forty (40) days, the Court may grant judgment against you for the award of money or other legal action requested in the Complaint, and you may lose your right to object to anything that is or may be incorrect in the Complaint. A judgment may be enforced as provided by law. A judgment awarding money may become a lien against any real estate you own now, or in the future, and may also be enforced by garnishment or seizure of property. Dated this 27 day of October, 2014 KOHNER, MANN & KAILAS, S.C. Attorneys for Plaintiff /s/ Christopher C. Shattuck State Bar No.: 1078900

OUR FIRM IS A DEBT COLLECTOR. THIS LETTER IS AN ATTEMPT TO COLLECT A DEBT, AND ANY INFORMATION OBTAINED WILL BE USED FOR THAT PURPOSE.

10/30, 11/6, 11/13/2014(14-315)

ABANDONMENT
FICTITIOUS BUSINESS NAME
STATEMENT 13-00107

The following persons are doing Business as **REDWOOD READING SOLUTIONS**, Humboldt at 665 F Street, Suite C, Arcata, CA. 95521, **Sherry L. McCoy** 2160 Lexington Court **McKinleyville, CA. 95519** **Kirsten L. Hartlein Allen**

2677 Elizabeth Rd.
McKinleyville, CA.95519

The business is conducted by Copartners
The date registrant commenced to transact business under the fictitious business name or name listed above on 02/19/14
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s/ Sherry L. McCoy, Owner
This statement was filed with the County Clerk of Humboldt County on October 28, 2014
CAROLYN CRNICH
Humboldt County Clerk

11/6, 11/13, 11/20, 11/27/2014 (14-316)

CORRECTION ON FILE NO.
14-00544
FICTITIOUS BUSINESS NAME
STATEMENT 14-00544

The following person is doing Business **EARTH FIRST! HUMBOLDT**, Humboldt, at 1700 27th St., Arcata, CA. 95521
Amanda K. Tierney 1700 27th St. **Arcata, CA. 95521**
The business is conducted by An Individual
The date registrant commenced to transact business under the fictitious business name or name listed above on n/a.
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s/ Amanda Tierney
This statement was filed with the County Clerk of Humboldt County on September 12, 2014
CAROLYN CRNICH
Humboldt County Clerk

10/23, 10/30, 11/6, 11/13/2014 (14-274) CORRECTION

FICTITIOUS BUSINESS NAME
STATEMENT 14-00580

The following person is doing Business **DEALZ**, Humboldt at 5610 West End Rd., Arcata, CA. 95521
Jason K. Maciel 1120 Three Cabins Ln. **McKinleyville, CA. 95519**
The business is conducted by An Individual
The date registrant commenced to transact business under the fictitious business name or name listed above on 9/11/2014
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and

Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).

/s/ Jason Maciel, Owner
This statement was filed with the County Clerk of Humboldt County on October 02, 2014
CAROLYN CRNICH
Humboldt County Clerk

10/23, 10/30, 11/6, 11/13/2014 (14-303)

FICTITIOUS BUSINESS NAME
STATEMENT 14-00620

The following persons are doing Business as **REDWOOD READING SOLUTIONS** , Humboldt at 665 F Street, Suite C, Arcata, CA. 95521, **Sherry L. McCoy** 2160 Lexington Court **McKinleyville, CA. 95519**
The business is conducted by An Individual
The date registrant commenced to transact business under the fictitious business name or name listed above on n/a
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s/ Sherry L. McCoy, Owner
This statement was filed with the County Clerk of Humboldt County on October 28, 2014
CAROLYN CRNICH
Humboldt County Clerk

11/6, 11/13, 11/20, 11/27/2014 (14-317)

FICTITIOUS BUSINESS NAME
STATEMENT 14-00598

The following person is doing Business as **TASTY TACOS AND MORE**, Humboldt at 3943 Walnut Drive, Ste. A, Eureka, CA. 95503
Rosa C. Devere 3943 Walnut Drive, Ste. A **Eureka, CA. 95503**
The business is conducted by An Individual
The date registrant commenced to transact business under the fictitious business name or name listed above on n/a
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s/ Rosa C. Devere, Owner
This statement was filed with the County Clerk of Humboldt County on October 14, 2014
CAROLYN CRNICH
Humboldt County Clerk

10/23, 10/30, 11/6, 11/13/2014 (14-307)

FICTITIOUS BUSINESS NAME
STATEMENT 12-00442

The following persons are doing Business as **COAST COUNTIES PETERBILT**, Humboldt at 2660 Jacobs Avenue, Eureka, CA. 95501, PO Box 757, San Jose, CA. 95106 **Coast Counties Truck & Equipment Co.** 1740 N 4th Street **San Jose, CA. 95112**
The business is conducted by A Corporation
The registrant commenced to transact business under the fictitious business name listed above on 4/1/12
/s/ Allison Dozier, Secretary-Treasurer
This statement was filed with the County Clerk of Humboldt County on July 26, 2012
CAROLYN CRNICH
Humboldt County Clerk

10/30, 11/6, 11/13, 11/20/2014 (14-314)

FICTITIOUS BUSINESS NAME
STATEMENT 14-00582,
RENEWAL,
HUMBOLDT, 9/7/04,
R-0400785

The following person is doing Business **A-1 CHECK CASHING**, Humboldt at 3220 Broadway, Unit A9, Eureka, CA. 95501
Michael A. Dillingham 10708 Paradise Court **Kelseyville, CA. 95451**
The business is conducted by An Individual
The date registrant commenced to transact business under the fictitious business name or name listed above on 4/3/02
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s/ Michael A. Dillingham, Owner
This statement was filed with the County Clerk of Humboldt County on October 02, 2014
CAROLYN CRNICH
Humboldt County Clerk

10/16, 10/23, 10/30, 11/6/2014 (14-297)

FICTITIOUS BUSINESS NAME
STATEMENT 14-00593

The following persons are doing Business **LOST COAST SMOKE**, Humboldt at 1725 Main St., Fortuna, CA. 95540
Lost Coast Smoke, LLC 1725 Main St. **Fortuna, CA. 95540** 201426610362
The business is conducted by A Limited Liability Company
The date registrant commenced to transact business under the fictitious business name or name listed above on n/a
I declare the all information in this statement is true and correct.

A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).

/s/ Dustin Shane Robert, Manager
This statement was filed with the County Clerk of Humboldt County on October 08, 2014
CAROLYN CRNICH
Humboldt County Clerk

10/16, 10/23, 10/30, 11/16/2014 (14-300)

FICTITIOUS BUSINESS NAME
STATEMENT 14-00587

The following persons are doing Business **CAMPTON HEIGHTS MARKET**, Humboldt at 2915 School Street., Fortuna, CA. 95540, 781 Samoa Blvd., Arcata, CA. 95521 **Toheed Ahmad** Fourth Street Market- **9NC Arcata, CA. 95521** #3047319
The business is conducted by A Corporation
The date registrant commenced to transact business under the fictitious business name or name listed above on n/a.
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars (\$1,000).
/s/ Toheed Ahmad, C.E.O
This statement was filed with the County Clerk of Humboldt County on October 7, 2014
CAROLYN CRNICH
Humboldt County Clerk

10/16, 10/23, 10/30, 11/6/2014 (14-295)

FICTITIOUS BUSINESS NAME
STATEMENT 14-00603

The following persons are doing Business as **FORTUNA COMMUNITY HEALTH CENTER**, Humboldt at 3304 Renner Drive, Fortuna, CA. 95540, 670 9th. Street, Suite 203, Arcata, CA. 95521 **Open Door Community Health Centers** 670 9th Street, Suite 203 **Arcata, CA. 95521** #0615813
The business is conducted by A Corporation
The date registrant commenced to transact business under the fictitious business name or name listed above on n/a
I declare the all information in this statement is true and correct.
A registrant who declares as true any material matter pursuant to Section 17913 of the Business and Professions Code that the registrant knows to be false is guilty of a misdemeanor punishable by a fine not to exceed one thousand dollars

(\$1,000).
/s/ Cheyenne Spetzler, C.O.O
This statement was filed with the
County Clerk of Humboldt County
on October 15, 2014
CAROLYN CRNICH
Humboldt County Clerk

10/30, 11/6, 11/13, 11/20/2014 (14-311)

**FICTITIOUS BUSINESS NAME
STATEMENT 14-00588**
The following persons are doing
Business **KUSHIRT**, Humboldt at
1369 Marsh Rd., Eureka, CA. 95501
DeLacy D. Fletcher
1369 Marsh Rd.
Eureka, CA. 95501
Frederic R. Fletcher
1369 Marsh Rd.
Eureka, CA. 95501
The business is conducted by A
Married Couple
The date registrant commenced to
transact business under the ficti-
tious business name or name listed
above on n/a
I declare the all information in this
statement is true and correct.
A registrant who declares as true
any material matter pursuant to
Section 17913 of the Business and
Professions Code that the registrant
knows to be false is guilty of a
misdemeanor punishable by a fine
not to exceed one thousand dollars
(\$1,000).
/s/ Frederic Fletcher, Owner
This statement was filed with the
County Clerk of Humboldt County
on October 08, 2014
CAROLYN CRNICH
Humboldt County Clerk

**FICTITIOUS BUSINESS NAME
STATEMENT 14-00599**
The following persons are doing
Business **LITTLE JAPAN**, Humboldt
at 2848 F Street, Eureka, CA. 95501
Jeremy J. Maciel
5208 Lepppek Ct.
Eureka, CA. 95503
Kaori Maciel
5208 Lepppek Ct.
Eureka, CA. 95503
The business is conducted by A
Married Couple
The date registrant commenced to
transact business under the ficti-
tious business name or name listed
above on n/a
I declare the all information in this
statement is true and correct.
A registrant who declares as true
any material matter pursuant to
Section 17913 of the Business and
Professions Code that the registrant
knows to be false is guilty of a
misdemeanor punishable by a fine
not to exceed one thousand dollars
(\$1,000).
/s/ Jeremy Maciel
This statement was filed with the
County Clerk of Humboldt County
on October 15, 2014
CAROLYN CRNICH
Humboldt County Clerk

10/23, 10/30, 11/6, 11/13/2014 (14-302)

**FICTITIOUS BUSINESS NAME
STATEMENT 14-00611**
The following persons are doing
Business as **REVOLUTION
CUSTOMS**, Humboldt at 100 Airport
Way, Fortuna, CA. 95540
Harry T. Smith
2540 Dennis Ct.
Fortuna, CA. 95540
Levi C. Whitlow
30 A St.
Miranda, CA. 95553
The business is conducted by A
General Partnership
The date registrant commenced to
transact business under the ficti-
tious business name or name listed
above on n/a
I declare the all information in this
statement is true and correct.
A registrant who declares as true
any material matter pursuant to
Section 17913 of the Business and
Professions Code that the registrant
knows to be false is guilty of a
misdemeanor punishable by a fine
not to exceed one thousand dollars
(\$1,000).
/s/ Harry T. Smith, Owner
This statement was filed with the
County Clerk of Humboldt County
on October 20, 2014
CAROLYN CRNICH
Humboldt County Clerk

**FICTITIOUS BUSINESS NAME
STATEMENT 14-00602**
The following persons are doing
Business as **FERNDAL COMMU-
NITY HEALTH CENTER**, Humboldt
at 638 Main Street, Ferndale, CA.
95536, 670 9th Street, Suite 203,
Arcata, CA. 95521
**Open Door Community Health
Centers**
670 9th Street, Suite 203
Arcata, CA. 95521
#0615813
The business is conducted by A
Corporation
The date registrant commenced to
transact business under the ficti-
tious business name or name listed
above on n/a
I declare the all information in this
statement is true and correct.
A registrant who declares as true
any material matter pursuant to
Section 17913 of the Business and
Professions Code that the registrant
knows to be false is guilty of a
misdemeanor punishable by a fine
not to exceed one thousand dollars
(\$1,000).
/s/ Cheyenne Spetzler, C.O.O
This statement was filed with the
County Clerk of Humboldt County
on October 15, 2014
CAROLYN CRNICH
Humboldt County Clerk

10/30, 11/6, 11/13, 11/20/2014 (14-310)

**FICTITIOUS BUSINESS NAME
STATEMENT 14-00601**
The following persons are doing
Business as **EUREKA COMMUNITY
HEALTH CENTER**, Humboldt at 2200
Tydd Street, Eureka, CA. 95501, 670
9th. Street, Suite 203, Arcata, CA.
95521
**Open Door Community Health
Centers**
670 9th Street, Suite 203
Arcata, CA. 95521
#0615813
The business is conducted by A
Corporation
The date registrant commenced to
transact business under the ficti-
tious business name or name listed
above on 8/1/1991
I declare the all information in this
statement is true and correct.
A registrant who declares as true
any material matter pursuant to
Section 17913 of the Business and
Professions Code that the registrant
knows to be false is guilty of a
misdemeanor punishable by a fine
not to exceed one thousand dollars
(\$1,000).
/s/ Cheyenne Spetzler, C.O.O
This statement was filed with the
County Clerk of Humboldt County
on October 15, 2014
CAROLYN CRNICH
Humboldt County Clerk

**FICTITIOUS BUSINESS NAME
STATEMENT 14-00614**
The following person is doing Busi-
ness as **CASTLEWARE**, Humboldt at
1610 K St, Eureka CA. 95501
Maureen L. Smithey
1610 K St.
Eureka, CA. 95501
The business is conducted by An
Individual
The date registrant commenced to
transact business under the ficti-
tious business name or name listed
above on March 2006
I declare the all information in this
statement is true and correct.
A registrant who declares as true
any material matter pursuant to
Section 17913 of the Business and
Professions Code that the registrant
knows to be false is guilty of a
misdemeanor punishable by a fine
not to exceed one thousand dollars
(\$1,000).
/s/ Maureen Smithey, Owner
This statement was filed with the
County Clerk of Humboldt County
on October 20, 2014
CAROLYN CRNICH
Humboldt County Clerk

10/30, 11/6, 11/13, 11/20/2014 (14-309)

**FBN statements: \$55
442-1400**

**FICTITIOUS BUSINESS NAME
STATEMENT 14-00610**
The following person is doing Busi-
ness as **HUMBOLDT CUSTOM
COMPUTING**, Humboldt at 835
Jensen Drive, McKinleyville, CA.
95519
Eric D. Puttre
835 Jensen Dr.
McKinleyville, CA. 95519
The business is conducted by An
Individual
The date registrant commenced to
transact business under the ficti-
tious business name or name listed
above on n/a
I declare the all information in this
statement is true and correct.
A registrant who declares as true
any material matter pursuant to
Section 17913 of the Business and
Professions Code that the registrant
knows to be false is guilty of a
misdemeanor punishable by a fine
not to exceed one thousand dollars
(\$1,000).
/s/ Eric Puttre
This statement was filed with the
County Clerk of Humboldt County
on October 17, 2014
CAROLYN CRNICH
Humboldt County Clerk

**FICTITIOUS BUSINESS NAME
STATEMENT 14-00612**
The following persons are doing
Business as **MING TREE REALTY OF
MCKINLEYVILLE**, Humboldt at 1629
Central Avenue, McKinleyville CA.
95519
Sylvia L. Garlick
500 Orchard Lane
McKinleyville, CA. 95519
Michael A. Novak
1210 School Road
McKinleyville, CA. 95519
The business is conducted by A
General Partnership
The date registrant commenced to
transact business under the ficti-
tious business name or name listed
above on 2/14/1997
I declare the all information in this
statement is true and correct.
A registrant who declares as true
any material matter pursuant to
Section 17913 of the Business and
Professions Code that the registrant
knows to be false is guilty of a
misdemeanor punishable by a fine
not to exceed one thousand dollars
(\$1,000).
/s/ Sylvia L. Garlick, Broker/ Owner
This statement was filed with the
County Clerk of Humboldt County
on October 20, 2014
CAROLYN CRNICH
Humboldt County Clerk

10/30, 11/6, 11/13, 11/20/2014 (14-313)

**NOTICE OF SEALED BID SALE
OF TAX-DEFAULTED PROPERTY
FOR DELINQUENT TAXES**

Made pursuant to Section 3692, Revenue and Taxation Code

On September 9, 2014 I, John Bartholomew, Humboldt County Tax Col-
lector, was directed to conduct a sealed bid sale by the Board of Supervisors
of Humboldt County, California. The tax-defaulted properties listed below
are subject to the Tax Collector's power of sale.

I will publicly open the sealed bids submitted and sell the properties
at 2:15pm on Wednesday, November 19th 2014, in Conference Room A at
Humboldt County Courthouse 825 5th Street, Eureka, CA. The property will
be sold to the highest bidder among the qualified bidders.

The right of redemption will cease on Tuesday, November 18th, at 5 pm
and properties not redeemed will be sold. If the parcel is not sold, the right
of redemption will revive and continue up to the close of business on the
last business day prior to the next scheduled sale.

If the properties are sold, parties of interest, as defined in California
Revenue and Taxation Code Section 4675, have a right to file a claim with
the county for any excess proceeds from the sale. Excess proceeds are the
amount of the highest bid in excess of \$150 after the liens and costs of the
sale are paid from the final sale proceeds. Notice will be given to parties of
interest, pursuant to law, if excess proceeds result from the sale.

PARCEL NUMBERING SYSTEM EXPLANATION

The Assessor's Parcel Number (APN), when used to describe property
in this list, refers to the assessor's map book, the map page, the block on
the map (if applicable), and the individual parcel on the map page or in the
block. The assessor's maps and further explanation of the parcel numbering
system are available in the assessor's office.

The properties that are the subject of this notice are situated in
Humboldt County, California, and are described as follows:

ITEM NO.	ASSESSOR'S PARCEL NUMBER	LAST ASSESEE NAME	MINIMUM BID
1	109-061-019-000	KERRY L & CHERISE TERRY	\$157.50
2	109-061-026-000	LYNNE LANGE	\$217.50
3	109-071-027-000	LARITA J PENNELL	\$187.50
4	109-141-032-000	PETER WILLIAMSON	\$187.50
5	109-171-012-000	DANNY CHU & SAMANTHA CHAM	\$202.50
6	109-221-005-000	ARMAND CONTRERAS	\$172.50
7	109-251-041-000	GEORGES & KRIS DE BOELPAEP	\$187.50
8	109-261-003-000	REYES R & MARIA J CORDOVA	\$217.50
9	109-261-022-000	JAIME MEDINA	\$187.50
11	109-271-043-000	PETER WILLIAMSON	\$172.50
12	109-271-052-000	GARY A MCDONALD	\$187.50
13	109-331-039-000	STEVE & YVONNE DURAN	\$172.50
14	109-341-021-000	ANH T & DINH Q NGUYEN	\$202.50
15	109-341-040-000	HARRY TANNER	\$172.50
16	110-071-001-000	JAMES L YOUNG	\$187.50
17	110-071-003-000	RAY GREEN, CHAD PECKHAM	\$187.50
18	110-151-030-000	W B & MARY R VAN DEVENTER	\$187.50
19	110-221-013-000	DONALD S & PATRICIA E STEEL	\$172.50
20	110-231-043-000	ALBERT SHAHID	\$172.50
21	110-251-016-000	DOUGLAS K HISHINUMA	\$157.50
22	110-251-039-000	MAHMOUD & MALIHEH SHAFFIE	\$157.50
23	111-132-030-000	BUSTERS VENTURES II LLC CO	\$232.50

I certify or (declare), under penalty of perjury, that the foregoing is
true and correct.


John Bartholomew
Humboldt County Tax Collector

Executed at Eureka, Humboldt County, California, on October 17, 2014
Published in North Coast Journal on October 23rd, 30th & November
6th, 2014.

10/23, 10/30, 11/6/2014 (14-306)

northcoastjournal.com/blogjammin



BLOGS

MORE BLOGS.
EVERYDAY.

BLOGTHING + A&E + HUM PLATE



THE FEATHERBED ALLEY PRINTSHOP MUSEUM, ST. GEORGE'S, BERMUDA, FEATURES A REPLICA GUTENBERG PRESS. (WIKIPEDIA COMMONS)

Gutenberg's Legacy

Changing The World (Part 2)

By Barry Evans

fieldnotes@northcoastjournal.com

Last week, I discussed the enormity of the revolution jump-started by Gutenberg's system of mechanical printing. His genius was his ability to combine several existing technologies, adapting and improving them in the process. The five most important ones are:

1. The printing press. Printing involves transferring ink to paper under pressure. Gutenberg adapted the traditional screw-driven wooden wine press of his time to avoid the smudging that would otherwise result from the screw's rotation as the type pressed against the paper or vellum.

2. Metal alloy for type. Before Gutenberg, type was composed of bronze or tin. Gutenberg, who had been a goldsmith by trade, discovered (or learned from someone else) that the addition of antimony to a mixture of lead and tin minimized shrinkage and cracking as the molten type pieces cooled.

3. Hand casting molds. Of all Gutenberg's inventions and adaptations, his design for a flexible, reusable hand mold for casting type was probably the most important. His molds could be used multiple times to cast identical copies of the same symbol rapidly and economically.

4. Moveable metal type. Printing on wooden blocks was invented around 200 AD, but the British Museum's beautiful copy of the Buddhist Diamond Sutra, the oldest dated printed book, is from 868 AD. Sometime around 1100 AD, moveable type — individual symbols on separate blocks — was invented in China using wood and ceramic cubes. Later, in 1377, more durable moveable metal type was used in Korea to print the Jikji Buddhist teachings. The thousands of individual characters needed hindered progress in mechanizing printing in the East. Gutenberg and his successors in Europe, however, needed fewer than 80

letters, numbers and punctuation marks.

5. Oil-based ink. Traditionally, scribes used water-based inks to copy manuscripts, which also worked for wood-block printing. Water-based ink doesn't adhere to metal, however, so Gutenberg adapted oil paints used by artists to formulate ink from lampblack, linseed oil and egg white.

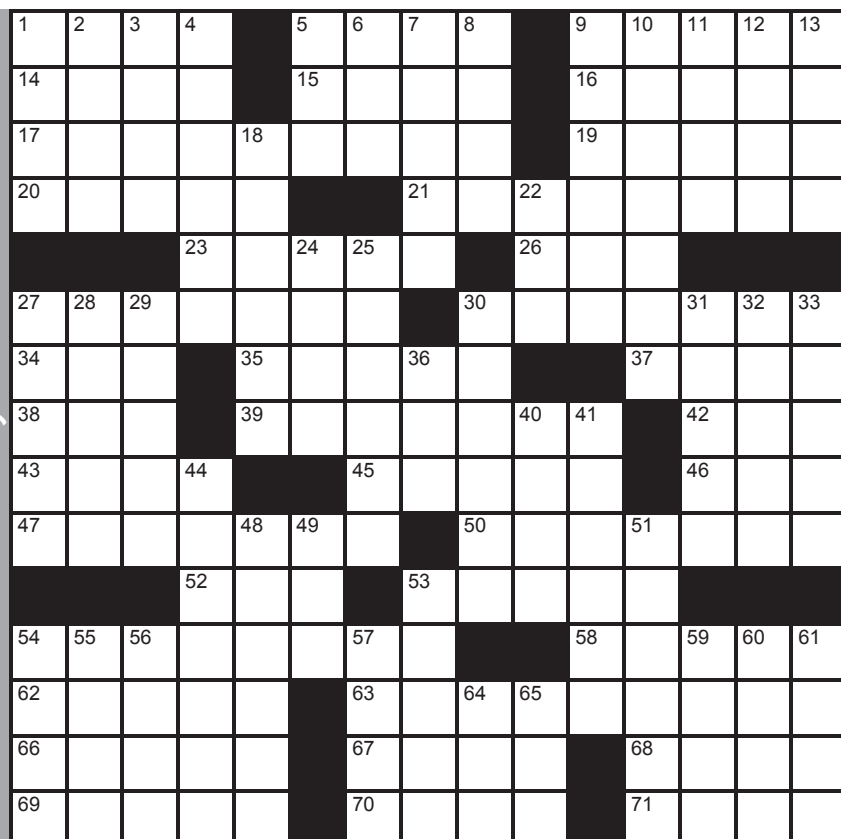
By taking these separate elements and combining them into an integrated system, Gutenberg was able to produce books accurately, rapidly and cheaply compared with manual copying.

For the first few decades of mechanical printing, books looked and felt much the same as they had before Gutenberg: big and heavy, with a fat Gothic typeface to match. The printer and humanist Aldus Manutius changed that in 1501 with his pocket-size copies of Greek and Roman classics, using two innovations: a light italic typeface that increased both legibility and the number of words on a page; and folding the printed sheets into eight parts and cutting them after printing to produce the "octavo" size. Other than Manutius' breakthroughs, Gutenberg's mechanized system of book production remained essentially unchanged for 300 years until the 1800s, when steam power ushered in a secondary revolution in printing.

We may still prefer reading tree-based books over computerized pixels (see "Pixels or Paper?" Nov. 18, 2013), but the era of Everyman curling up in a chair with a delicious novel, entering the author's heart and soul, may be coming to an end, according to many commentators. Gutenberg's gift may have been a temporary one, lasting about 500 years, as our easily distractible brains adopt the new paradigms of the digital age. ●

Barry Evans (barryevans9@yahoo.com) curls up every night with his iPad Mini, but his Field Notes anthologies in local bookstores are still tree-based.

CROSSWORD by David Levinson Wilk



HUH

ANSWERS NEXT WEEK!

ACROSS

1. Damon or Dillon
5. Toot your own horn
9. Con jobs
14. "There oughta be ___!"
15. Plot element?
16. Dickens villain Heep
17. "Huh?"
19. Silver screen swashbuckler
20. "Beanz Meanz ___" (food brand slogan)
21. "Huh?"
23. Rings, as a church bell
26. Allows
27. Ancient kingdom that becomes the name of a present-day country when its first two letters are removed
30. Filled in
34. Sick

35. Hall-of-Fame quarterback who owns a Denver steakhouse
37. Certain seizure, for short
38. ___ goo gai pan
39. "Huh?"
42. Sn, to a chemist
43. Scotch ___
45. Make up?
46. Shade of gray
47. Not-so-great hand
50. Remington rival
52. Agcy. whose logo has an eagle and scales
53. Woodworking tools
54. "Huh?"
58. Freedom Tower feature
62. Standoffish
63. "Huh?"
66. Gandhi, e.g., religiously
67. Film in Cannes

68. Footnote abbr.
69. Christmas tree decoration
70. ___ gun
71. "Bill & ___ Bogus Journey"

DOWN

1. Physicist Ernst who studied shock waves
2. ___ vera
3. Suspense novelist Hoag
4. "Jackson"
5. Valise
6. ___ Records
7. Sign before Taurus
8. MTV's earliest viewers, mostly
9. First player to hit an inside-the-park home run during an All-Star Game, 2007
10. Double-___
11. Suffix with

- concession
12. Old schoolmistress
13. Mary Jane, e.g.
18. Portuguese archipelago
22. One of two New Testament bks.
24. Philanthropist Wallace
25. "One skilled in circumvention of the law": Ambrose Bierce
27. "I ___ please"
28. New York's Memorial ___-Kettering hospital
29. Geometry calculation
30. Manually
31. Kind of position
32. Protestant denom.
33. His 2007 obit in the New York Times described him as a "peerless

- Waikiki nightclub attraction"
36. Cobbler's tool
40. Completely
41. Mother who was a Nobelist
44. Sitcom unit
48. Crafty
49. Suffix meaning "approximately"
51. Quick wit
53. Bit the dust
54. "LOL!"
55. Actress Lena
56. Actor B.D. of "Law & Order: SVU"
57. Kindergarten basics
59. "___ delighted!"
60. ___ rage (problem for some athletes)
61. Concludes
64. Bearded antelope
65. Fence (in)

LAST WEEK'S ANSWERS TO HMM

W	O	O	L	F	A	B	S	A	B	C	D	E
A	P	N	E	A	T	O	W	S	L	O	A	N
H	E	A	V	Y	M	E	T	A	L	M	U	S
I	N	L	I	E	U	M	A	Y	T	R	A	
N	E	O	N	L	A	M	P	S	R	E	Y	S
E	R	G	E	L	S	A	S	H	U	L	C	E
			A	S	A	I	R	P	A	B	L	O
			H	A	R	S	H	M	Y	M	E	L
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A	R	B	U	S	O	N	C	L	E	F	H	M
T	O	R	A	C	I	N	C	O	A	L	O	E
C	H	I	A	L	L	U	P	D	A	T	E	
H	I	G	H	M	U	C	K	E	T	Y	M	U
I	T	H	O	T	A	I	L	R	E	N	A	L
T	O	T	E	S	N	A	M	E	N	T	R	Y

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© Puzzles by Pappocom EASY #39

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9		8	5	1	3	7
			7	8		
	2	5	4	9	6	7
	4	9	2	3	8	1
			8	6		
6	3	9	5	1		2
2						6

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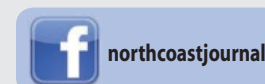
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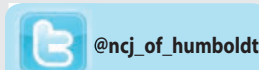
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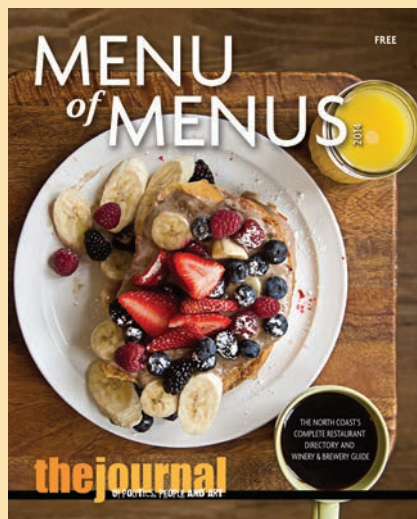
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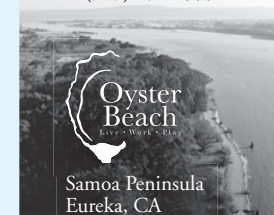
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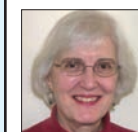
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■ Eureka

Good rental history for these 7 units in Eureka. There are two older, small, 2 bedroom houses, one duplex with 2 bedrooms each, and a triplex with two 2 bedroom units and one 3 bedroom unit. The triplex and duplex were built in 1972. This is a nice corner property with a fenced communal courtyard. MLS#240300
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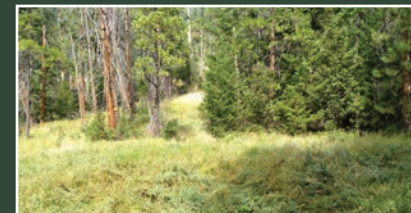


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TRINITY LAKE LAND/PROPERTY

\$379,000



Beautiful land located in the Coffee Creek area of Trinity County. Secluded, 3500' elevation property with several large flat areas including ample water, panoramic views, and an existing cabin. Great opportunity!

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CARLOTTA LAND/PROPERTY

\$424,000

Beautiful home on 13 acres located just inland from Carlotta. This 2,200 square foot 3 bedroom 2 bathroom house built in 1999 features a gas stove, wood fire oven, custom wood work, walk-in tile showers and laundry room. There is also a secondary residence on the property that is in very poor condition. The property is made of two separate parcels and boasts privacy, PG&E, old growth Redwoods, and a partially fenced yard.

BLOCKSBURG LAND/PROPERTY

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